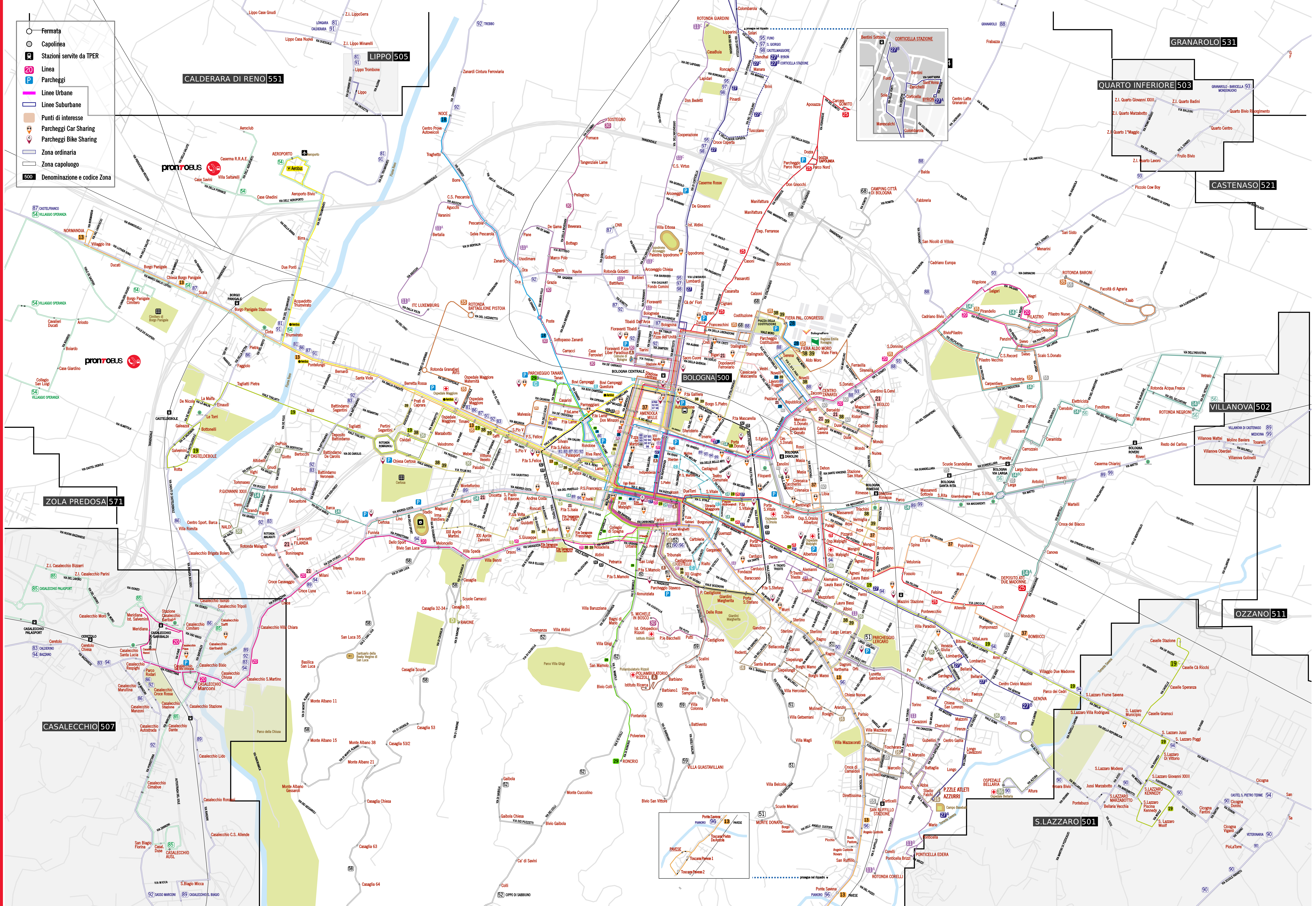Aggiornata a Dicembre 2015