

# Volunteer in Spain

## EDUCATION

Placement name: **English School Kids SL**

Organization Description: English School centre created with the aim of promoting languages and carrying out extra activities among youngsters in the neighbourhood. The centre offers a wide variety of artistic and cultural workshops, games and sports. It works with many age groups.

Placement Objective: The objective of this volunteering position is that you gain further experience in the field of after school education and that you become familiar with the language and the Spanish culture while you are involved in the organization of the activities.

Placement Description: You will help the monitors organize workshops, activities and games, plan the daily activities, look after the children, and you will bring in new ideas. The areas covered by the activities are very varied and include theatre, dance, painting, literature, board games, sports, etc.

General Requirements: You need good skills at working with children and teenagers and you need to be active and creative. A degree and/or experience in the field of Education is an advantage for this position, though it is not a requirement.

Language Requirements: Beginner level of Spanish

Start Date: Any Monday

Minimum Duration: 1 month

Placement Name: **Monitor**

Host Organization: Pobreza y Exclusión Social

Organization Description: Christian movement which aims at helping the young and the poor. Their work is based on the personal commitment of the members of the organization who try to improve the structures and environment that impoverish and condition the marginalize a sector of the population. The organization also supports social projects in other countries of Europe and in Latin America such as unemployment assistance, work in prisons, work with ethnic minorities and immigrants, general community development and fair trade.

Placement Objective: Through this volunteer work you will cooperate in the overall achievement of the organization's goals, and you will help marginalized children reach a higher education level and prevent school desertion.

Placement Description: Your activities will be divided between administrative tasks, reception duties such as answering the phone, answering inquiries from the general public and members of the organization, cooperating with the organization's team. You will also be in charge of a small group of school children,



helping them with their homework, giving them advice and organizing activities to arise their interest and enthusiasm.

General Requirements: To apply for this volunteer position you need to be interested in cooperating with social and education projects with the marginalized sectors in the city.

Language Requirements: Beginner-intermediate level of Spanish.

Start Date: Any Monday. Meals are included.

Minimum Duration: 1 month

## HEALTH CARE VOLUNTEERING

### Placement Name: Assistant

Host Organization: Enfermedades Neuromusculares

Organization Description: NGO works with patients, relatives and professionals to support and guide the affected by a neuromuscular disease such as muscular dystrophy, spinal atrophy, etc. The organization coordinates self help and support groups, and provides physiotherapy services at home.

Placement Objective: The aim of this volunteering placement is that you contribute to improve the life quality of people affected by a neuromuscular disease, providing them with more autonomy and integration into society.

Placement Description: You will help people affected by a neuromuscular disease promoting their well being, working to minimize the effects of the muscular deterioration, helping them carry out daily activities, helping compensate for the dysfunctions caused by the illness, and escorting them in their daily activities such as shopping, doing exercise, etc.

General Requirements: For this placement you need enthusiasm and energy, skills necessary to communicate and interact with people, to be ready to help and become involved without interfering, and to be able to face new situations with a positive attitude.

Language Requirements: Beginner level of Spanish

Start Date: Any Monday

Minimum Duration: 1 month

### Placement Name: Hospital Company

Host Organization: Asistencia Cáncer Infantil.

Organization Description: Organization with the main aim of improving the life quality of children affected by cancer which also provides support to the patients' families. They look for solutions to the different disorders caused by and associated with childhood cancer. The organization focuses its activities in two main areas: psychological and emotional assistance for the child and family, and social work to gain economic resources for the children's families.

Placement Objective: The aim of this volunteer placement is that you help to make the children's stay at hospital easier to go through, that you provide emotional support to the patients, and that you spend time with the children providing them with a distraction from their medical routine.

Placement Description: Your activities will be to support the patients and families, to organize games and activities to provide the children with distractions that make the hospital stay more enjoyable, and to encourage them to spend time at the games room.

General Requirements: You need to be able to face critical and highly emotional situations with the patients, to be able to play and to create a cheerful environment, to be willing to help those who need it. To have studies or experience in the Health field would be an advantage for this position though it is not a requirement.

Language Requirements: Beginner level of Spanish.

Start Date: Any Monday

Minimum Duration: 1 month

### Placement Name: Assistant

Host Organization: Desarrollo Social

Organization Description: Non profit organization with the mission of improving general life quality and of promoting social integration of the disadvantaged sector, either for physical, psychological or social exclusion reasons. The organization has professionals with more than 20-year experience.

Placement Objective: The aim of this volunteer placement is that you support the organization's professional team, that you communicate with the patients to provide them with support throughout their program, that you help them during their abstinence period through different activities.

Placement Description: As a volunteer you will be involved in different activities and you will assist the Attention Centre's team in the drug addicts reinsertion programme and in the workshop activities. The tutor will define your duties according to your experience and preferences and might include physical activities, health care, cultural activities, games, etc.

General Requirements: You need to be able to react positively in social risk situations, to have good adaptation skills, and to be ready to communicate with and relate to drug addicts.

Language Requirements: Intermediate level of Spanish

Start Date: Any Monday

Minimum Duration: 1 month

### Placement Name: Assistant

Host Organization: Asistencia Parkinson

Organization Description: Organization with the aim of promoting the integration and avoiding the isolation of Parkinson patients through services that minimize the physical and psychological consequences and that improve the life quality of the patients and their families. The organization also provides information

related to the illness, as well as medical, psychological, legal and social assistance. The patients and their families bring in their experiences through workshops, courses, and self help groups. Professionals of the Social and Health fields cooperate with the organization.

Placement Objective: The aim of this volunteer work is that you help improve the life quality of the patients and their families, that you make their daily activities easier for them, and that you provide them with emotional support.

Placement Description: You will be assigned some patients to escort them during daily activities and routines, you will help them move from one place to another, you will establish with them an emotional bond, and you will support them.

General Requirements: You need to be able to cope with the patients' critical or emotional reactions, and to create a relaxed and cheerful atmosphere in which patients feel safe and comfortable. You need to have a natural predisposition to help. Being a student or having experience in Health related fields are recommended though not necessary for this position.

Language Requirements: Intermediate level of Spanish

Start Date: Any Monday

Minimum Duration: 1 month

#### Placement Name: Racism Awareness

Host Organization: Asistencia Racismo

Organization Description: Non government organization that works to defend the basic rights and freedom of people regardless of their origin or race. It organizes awareness campaigns, denounces racial discrimination cases, etc. The organization does not offer direct assistance to victims since it works more at a political level.

Placement Objective: Working in this organisation, your awareness and sensitivity towards racism within our society will be increased, and at the same time you will cooperate to increase public awareness of these racial problems.

Placement Description: During your volunteer work you will assist either the Administration Department or the Denunciation Department with tasks such as filing, database updating, public attention and general office work. Occasionally you will cooperate in social awareness campaigns.

General Requirements: For this volunteer position you need to have basic IT skills, you need to be aware of the discrimination issue and able to analyse the discrimination problem from a social and political perspective. Having studies and/or experience in the Journalism, Law or Sociology fields represent an advantage for this position.

Language Requirements: Advanced level of Spanish

Start Date: Any Monday

Minimum Duration: 3 months

## SOCIAL WORK VOLUNTEERING

### Placement Name: Integration of the Homeless

Host Organization: Sin Techo

Organization Description: Non profit organization that assists and promotes the overall development of homeless people in the city. The aim of the organization is to bring long-term effects through activities that favour the reintegration of this marginal sector of society and through the recovery of self care habits which in turn lead to a higher self esteem.

Placement Objective: Through this volunteer work you will help to improve the lives of homeless people in cities, you will become familiar with the work mechanisms of a local humanitarian organization, and you will get to work with local professionals from local cities.

Placement Description: You will be involved in different activities aimed at promoting the development and reintegration of homeless people through activities such as providing care and attention to the homeless, organizing workshops that promote reintegration into society, etc. Depending on your skills, you will also be able to assist in the production and updating of publications and web site.

General Requirements: To apply for this volunteering position you need to be aware of the homelessness issue, to be able to react positively to situations generated by the daily activities of the participants within the organization, and, more importantly, you need to commit to the project.

Language Requirements: Intermediate level of Spanish

Start Date: Any Monday

Minimum Duration: 1 month

### Placement Name: Integration of the emigrants

Host Organization: Emigrantes

Organization Description: Non profit organization that assists and promotes the overall development of emigrants from different parts of the world who come to Spain to settle down. The aim of the organization is to bring long-term effects through activities that favour the reintegration of this sector in Spanish society.

Placement Objective: Through this volunteer work you will help to improve the lives of emigrants in Bilbao, you will become familiar with the work mechanisms of a local humanitarian organization, and you will work with local professionals from Bilbao.

Placement Description: You will be involved in different activities aimed at promoting the development and reintegration of these people through activities such as providing care and attention to the emigrants, updating information on their rights, organizing workshops that promote their reintegration into society, etc. Depending on your skills, you will also be able to assist in the production and updating of publications and web site.

General Requirements: To apply for this volunteering position you need to be aware of the emigration issue and policies, to be able to react positively to situations generated by the daily activities of the participants within the organization, and, more importantly, you need to commit to the project.

Language Requirements: Beginner level of Spanish

Start Date: Any Monday

Minimum Duration: 1 month

### SPORTS & LEISURE/ HOSPITALITY MANAGEMENT VOLUNTEERING

Placement Name: Student service Coordinator

Host Organization: IH

Organization Description: Private Institution offering a wide range of programs for students between 18 to 30 years old.

Placement Objective: The aim of this volunteer placement is that you support the organization's professional team, that you communicate with the students to provide them with support throughout their program, that you help them through different activities.

Placement Description: Assist with various administrative tasks such as: international correspondence, host family reservations, placement of new students and volunteers, and organizing activities. We are very selective when choosing people for this position

General Requirements: You need to be enthusiastic, optimistic and with an extrovert soul

Language Requirements: Intermediate level of Spanish

Start Date: Any Monday

Minimum Duration: 1 month

Placement Name: Camp-site assistant

Host Organization: Camping Pirineos

Organization Description: Private company specialized in accommodation along with outdoor activities catered for families and young public.

Placement Objective: The aim of this volunteer placement is that you support the organization's professional team, that you communicate with the customers to provide them with support throughout their program, that you help them through different activities.

Placement Description: Being approachable, well mannered, friendly and helpful are just a few of the qualities you will need as a Campsite coordinator, your main focus will be ensuring that customers return home having had 'the best holiday ever'.

So how are you going to achieve this? Your duties will mainly involve cleaning customer accommodation before their arrival, welcoming them onto the campsite and ensuring that all the customer's needs are attended to during their stay.

You will need to have initiative and be a quick thinker, able to resolve any problems that may occur on site efficiently and effectively.

Accommodation, meals and small salary provided.

General Requirements: You need to be enthusiastic, optimistic and with an extrovert soul.

Language Requirements: Beginner- Intermediate level of Spanish.

Start Date: Any Monday

Minimum Duration: 1 month

**Placement Name: Restaurant assistant**

Host Organization: Restaurante español

Organization Description: Representative cuisine from the Spanish gastronomy.

Placement Objective: The aim of this volunteer placement is that you support the organization's professional team, that you communicate with the customers to provide them with support throughout their program.

Placement Description: This is an excellent opportunity to learn the ropes of hospitality management and Spanish cuisine.

Being approachable, well mannered, friendly and helpful are just a few of the qualities you will need.

Tasks: reception, catering, housekeeping, general assistants..

Fun, friendship and learning in a healthy, natural environment.

Meals and small salary provided.

General Requirements: You need to be enthusiastic, optimistic and full of energy.

Language Requirements: Beginner- Intermediate level of Spanish

Start Date: Any Monday

Minimum Duration: 1 month

**Placement Name: Cultural assistant**

Host Organization: Local Museum

Organization Description: Public Museum that shows art and paintings from different centuries.

Placement Objective: The aim of this volunteer placement is that you support the organization's professional team, that you communicate with the clients to provide them with support throughout their program, that you help them through different activities.

Placement Description: One the main activities of the museum is the restoration of art pieces and the reception of artists. This is a very interesting museum where the volunteers deal with planning and designing of different shows and expositions in all stages of the process. The museum's director is very keen on receiving interns because he greatly appreciates the energy and attitude of volunteers.

General Requirements: You need to be enthusiastic, optimistic and with an extrovert soul.

Language Requirements: Intermediate level of Spanish.

Start Date: Any Monday

Minimum Duration: 2 months

**Placement Name: Monitor**

Host Organization: FF

Organization Description: Sport Centre offering a wide range of fitness and sport activities 7 days a week.

Placement Objective: The aim of this volunteer placement is that you support the organization's professional team, that you communicate with the clients to provide them with support throughout their program, that you help them through different activities.

Placement Description: This is the most complete sports and physical training centre in the city. It has sports machines, both manual and electric, two aerobic and fitness areas, a beauty parlour where customers receive massage sessions and nutrition and fitness counseling. At each different department of the gym customers find professional assistance and counseling.

General Requirements: You need to be enthusiastic, optimistic and with an extrovert soul. You will also plan social events for young people

Language Requirements: Beginner- Intermediate level of Spanish

Start Date: Any Monday

Minimum Duration: 1 month

**Placement Name: Assistant**

Host Organization: Bullfighting Club

Organization Description: Bullfigthing Club where newsletters, events, meetings and reunions related to bullfighting are presented.

Placement Objective: The aim of this volunteer placement is that you support the organization's professional team, that you communicate with the clients to provide them with support throughout their program, that you help them through different activities.

Placement Description: This is the oldest bullfighting meeting club in Spain. It has also a library, a restaurant and a conference hall. You need to increase the number of members through different marketing actions as well as plan social events.

General Requirements: You need to be enthusiastic, optimistic and with an extrovert soul.

Language Requirements: Beginner- Intermediate level of Spanish

Start Date: Any Monday

Minimum Duration: 1 month

**Placement Name: Shop Assistant**

Host Organization: Cloth company

Organization Description: Work to promote the expansion of the company through sales and marketing plans. This company collaborates with the sales of clothes with some charity organizations in Spain.

Placement Objective: The aim of this volunteer placement is that you support the organization's professional team, that you communicate with the clients to provide them with support throughout their program, that you help them through different activities.

Placement Description:

- ✓ Assisting the Cloth Department to ensure that the quality standards and the required cloth characteristics are achieved.
- ✓ Helping the customers. Making sure that the fabrics arrive in line with the deadlines.
- ✓ Administrative tasks
- ✓ Manage bulk batching and communicate the outcome to the Merchandising team.
- ✓ Act as an assistant to the marketing department

General Requirements: You need to be enthusiastic, optimistic and with an extrovert soul.

Language Requirements: Beginner- Intermediate level of Spanish

Start Date: Any Monday

Minimum Duration: 1 month

**Placement Name: Beauty Assistant**

Host Organization: Beauty Saloon Albert

Organization Description: This company is a landmark in the city of Lerida in terms of providing hair and skin care. The company also collaborates with charity organizations.

Placement Objective: The aim of this volunteer placement is that you support the organization's professional team, that you communicate with the clients to provide them with support throughout their program, that you help them through different activities.

Placement Description: Comprehensive range of services, which include the ultimate in soothing fusion therapies, facials, total body treatments, and the very latest in beauty therapy, aromatherapy, henna application, body tattooing, nail art,, skin care, personal grooming, bridal makeup, hairstyle, hair care, hair design hair streak, and hair color techniques. You need to learn and help in the treatment of these techniques. Administrative tasks.

General Requirements: You need to be enthusiastic, optimistic and with an extrovert soul.

Language Requirements: Beginner- Intermediate level of Spanish

Start Date: Any Monday

Minimum Duration: 1 month

