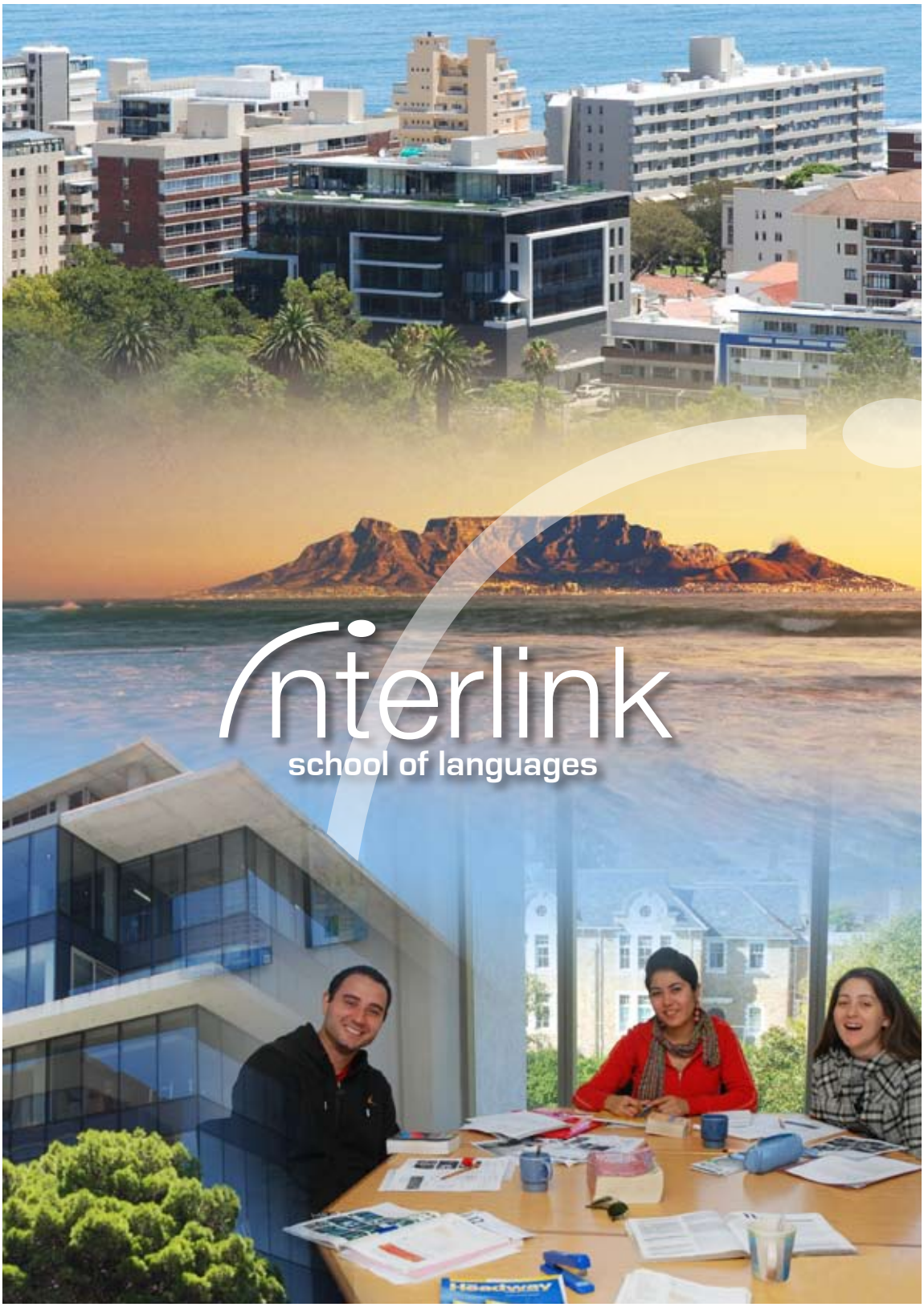

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ABOUT US

About Interlink

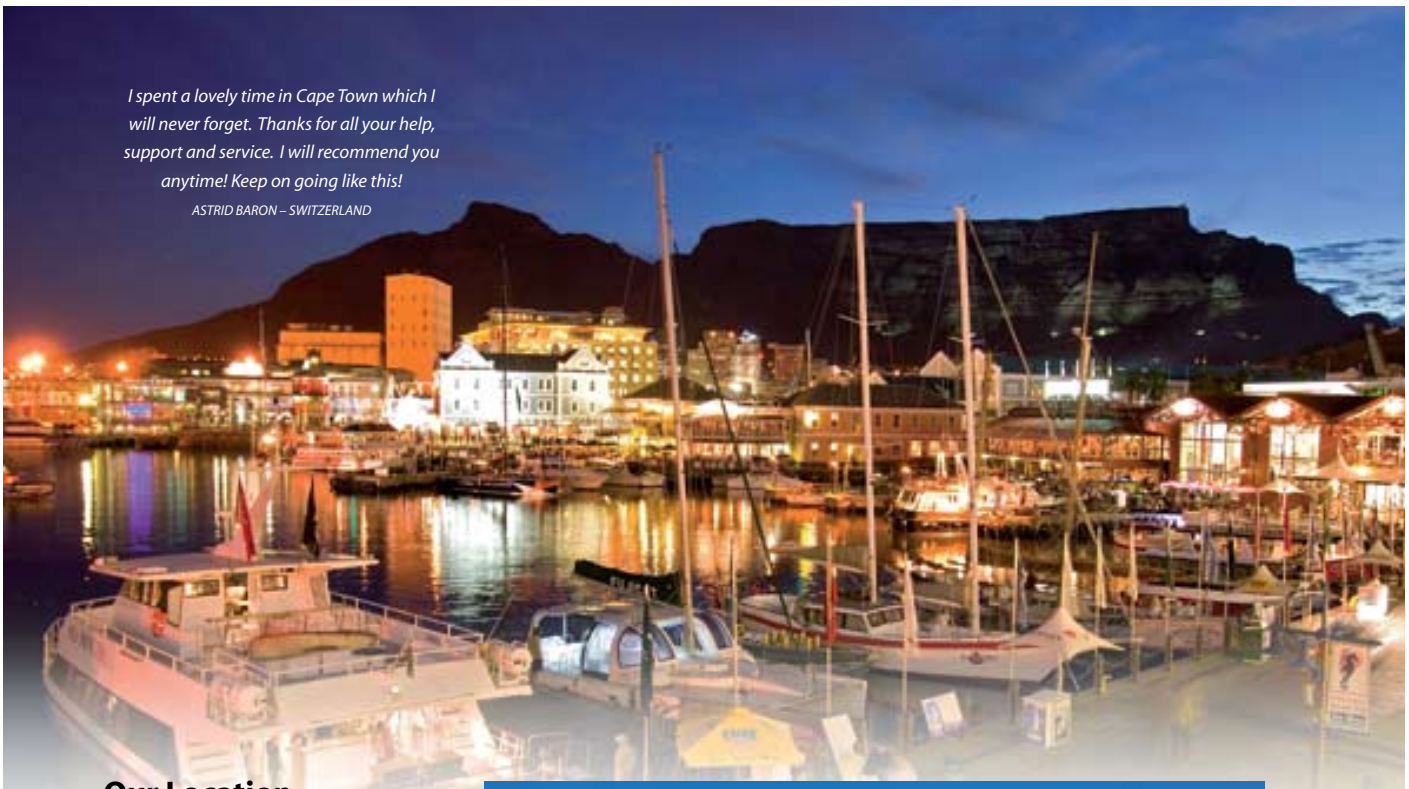
Established in 1998, Interlink offers exceptional service, a unique character and individual attention. Interlink is accredited by Quality English, an international organisation that selects only established, independently managed English Language centres of outstanding reputation. At Interlink we value the individual, we take care in what we do and how we do it, always being open and honest and treating everybody with respect. We understand that learning a language is a major investment in a person's future and our individual approach provides personal attention and support.

Our School

We have the pleasure in announcing that from the 1st of June 2010, Interlink has been operating from new premises at The Equinox, 154 Main Road, Sea Point. The Equinox Building, recently completed, is a state-of-the-art architectural landmark in the heart of Sea Point. It is the only building of its kind in Sea Point, is access controlled and has first class facilities for student comfort and learning. All the classrooms are air-conditioned and most have floor to ceiling glass windows with beautiful mountain views. There is a student café area in the centre of the school with free wireless internet access. There is also a beautiful outdoor terrace with both mountain and sea views.

The staff were very prompt and efficient. It's a great school with a wonderful atmosphere

IGOR ISAYEV - RUSSIA

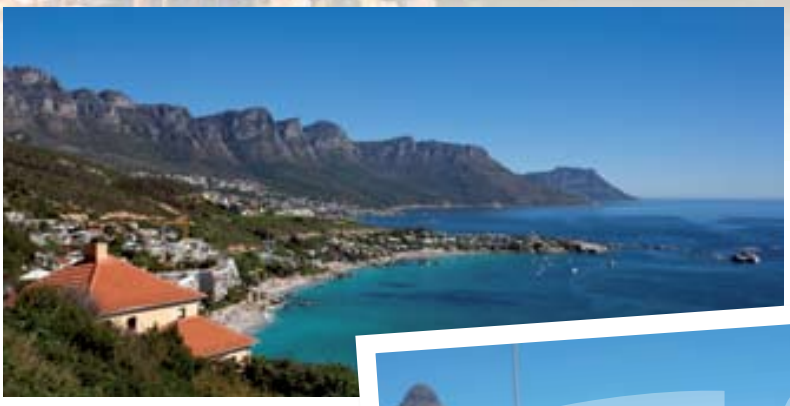


I spent a lovely time in Cape Town which I will never forget. Thanks for all your help, support and service. I will recommend you anytime! Keep on going like this!

ASTRID BARON – SWITZERLAND

Our Location

Cape Town, also known in South Africa as the 'Mother City' is one of the most multicultural and beautiful cities in the world. In the heart of Cape Town, is the beachfront suburb of Sea Point, only a few kilometres from the city centre. Sea Point lies between Table Mountain and the Atlantic Ocean and is a 24-hour bustling cosmopolitan part of the city. Interlink is ideally situated in the centre of Sea Point, on the Main Road, where you can enjoy:



- its many restaurants, coffee shops, internet cafes, clubs, banks, supermarkets – everything you need is in this part of the city.
- access to all public transport right outside the door.
- the Sea Point Promenade which runs the length of the beachfront and is always full of activity with many people walking, jogging, rollerblading, playing soccer, or simply relaxing and enjoying the outdoors.
- the famous Victoria and Alfred Waterfront, only ten-minutes from the school, where you can do some indoor shopping, watch movies and local entertainment, go on sunset boat cruises and much more.
- soccer matches at the new world-class Green Point Stadium, built for the 2010 World Cup.
- suntanning on the trendy beautiful white beaches of Clifton and Camps Bay.

With the ocean and mountain views and the fresh sea breeze and warm African sun all adding to Sea Point's cosmopolitan, vibrant atmosphere, we invite you to come to Interlink and enjoy it with us!

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OUR LOCATION

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OUR COURSES

Our Courses

We are committed to providing high quality language training delivered with individual care and attention. We have ten classrooms and our classes are small, generally 6-8 students per class, with a maximum of 10.

Before you start, we will evaluate your level carefully to ensure you join the correct class. Thereafter you will have regular evaluation meetings with our Director of Studies to ensure that you make excellent progress and receive the individual help that you need.

Our teachers are well-qualified and experienced and we use effective materials and teaching methods to enable you to develop your listening, speaking, reading, writing, grammar and vocabulary skills quickly and easily.

Each language course is based on the General English Programme of 20 morning lessons per week. The General English Programme is designed to develop all aspects of a student's language competence.

GENERAL ENGLISH PROGRAMME

This is our core course and it will help you to communicate effectively in everyday situations and advance your overall level of English. It focuses on developing listening, speaking, reading and writing skills; extending vocabulary and applying grammar.

Lessons per week: 20 x 50 minutes group
Levels: Beginner to Advanced
Lesson times: 09:00 – 12:40 Mon to Fri

GENERAL ENGLISH PLUS PROGRAMME

This course enables students to combine our core group course in the morning with either 5 or 10 private lessons in the afternoon. It gives students the opportunity to focus on areas of specific interest.

Lessons per week: 20 x 50 minutes group & 5/10 x 50 minutes private
Levels: Beginner to Advanced
Lesson times: 09:00 – 14:30 or 15:30 Mon to Fri

INTENSIVE ENGLISH PROGRAMME

This is our core course with the advantage of two additional afternoon lessons to help build confidence and fluency through general discussion and conversation.

Lessons per week: 30 x 50 minutes group
Levels: Beginner to Advanced
Lesson times: 09:00 – 15:30 Mon to Fri

INTENSIVE ENGLISH PLUS PROGRAMME

The intensive English plus programme is the same as the intensive programme but with the advantage of an extra private lesson focused on your specific needs.

Lessons per week: 30 x 50 minutes group & 5 x 50 minutes private
Levels: Beginner to Advanced
Lesson times: 09:00 – 16:30 Mon to Fri

INTERNATIONAL BUSINESS ENGLISH PROGRAMME

The Business English programme is a combination of the general English programme and the London Chamber of Commerce & Industry's internationally recognised English for Business course. Grammar and vocabulary are practiced in a work context and combined with business skills such as presentations, telephoning, negotiations and business writing. The course includes the option of ending with an examination for the internationally recognised London Chamber of Commerce English for Business Certificate.

Lessons per week: 30 x 50 minutes group
Levels: Intermediate to Advanced
Lesson times: 09:00 – 15:30 Mon to Fri

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PROFESSIONAL ENGLISH PROGRAMME

These courses are designed to develop participants' language and communication skills in a professional context. They are for the staff of companies who need to use English to communicate with colleagues or clients. Our teachers will tailor the exact programme of each course to suit the requirements of the course participants. The courses might include such areas as English for Engineering, English for Human Resources, English for Medicine, English for Oil & Gas or English for Secretaries.

Lessons per week: 30 x 50 minutes group
Levels: Participants should be at a similar level
Lesson times: 09:00 – 15:30 Mon to Fri

CAMBRIDGE EXAMINATION PREPARATION

Preparation courses for the Cambridge FCE (First Certificate), CAE (Advanced) and CPE (Proficiency) certificates. Students participate in the general English classes in the mornings to improve their fluency and accuracy, and then do specific exam training in the afternoon. Practice exams are done to ensure you are familiar with the different techniques required.

Lessons per week: 30 x 50 minutes group
Levels: Intermediate to Advanced
Lesson times: 09:00 – 15:30 Mon to Fri

TOEFL & IELTS TEST PREPARATION

Preparation classes for the TOEFL and IELTS tests. These courses are suitable for students who will be going to English speaking countries to study or work. Training consists of the General English course to improve fluency and accuracy, with extra private lessons focusing specifically on the skills needed for the tests.

Lessons per week: 20 x 50 minutes group & 5/10 x 50 minutes private
Levels: Intermediate to Advanced
Lesson times: 09:00 – 14:30 or 15:30 Mon to Fri

PEARSON ACADEMIC TEST OF ENGLISH

This is a new computer-based academic English language test. The test delivers real-life measures of a student's language ability to universities, higher education institutions, government departments and other organisations requiring academic English. This test is recognised and respected around the world. Let us help you enter a university or college of choice your choice.

Lessons per week: 30 x 50 minutes group
Levels: Intermediate to Advanced
Lesson times: 09:00 – 15:30 Mon to Fri

ACADEMIC YEAR PROGRAMME

This programme is for students who wish to study for 24 weeks or more. It is ideal for students who are about to enter university or college or for university graduates who wish to enhance their career opportunities. The final 8 weeks of the course include a planned and supervised self-study programme towards the IELTS or TOEFL Tests.

Lessons per week: 20 x 50 minutes group
Levels: Beginner to Advanced
Lesson times: 09:00 – 12:40 Mon to Fri

PRIVATE PROGRAMME

These are individual lessons for students with specific needs or limited time. Classes are structured around the exact needs of the student and maximise the students learning time. This can be added on to a group course or booked separately.

Lessons per week: 5 – 40 x 50 minutes private
Levels: Beginner to Advanced
Lesson times: 09:00 – 16:30 Mon to Fri

PRIVATE ONLINE PROGRAMME

Study English from the comfort and privacy of your own home or office. This programme is for students who are unable to attend the school or who wish to continue practicing their English after they have left the school. We conduct these lessons via Skype at pre-arranged times.

TRAVEL ENGLISH PROGRAMME

The ideal programme for students who have limited time to both see Cape Town and improve their English! This interactive classroom combines visiting Cape Town's top attractions with individual tuition and the opportunity to practice your English with your teacher for up to 6 hours per day. Students have a choice of doing a 1 week or 2 week programme. Please contact us for more detailed information.

ENGLISH PLUS PROGRAMME

These options will encourage you to use your language in real situations and offer you the opportunity to engage more fully in Cape Town and South Africa. Participating in an activity before, during or after your course enables you to discover more about South Africa, mix with local people, learn new skills and practice your English. At Interlink we offer the following options:

English Plus Safari
English Plus African Explorer
English Plus River Rafting
English Plus Golf
English Plus Sailing
English Plus Wine Tasting
English Plus SCUBA-diving
English Plus Photography

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OUR COURSES

ACCOMMODATION

Accommodation

All our accommodation options have been carefully chosen to ensure that our students are comfortable and relaxed. They are all ideally situated in and around Sea Point so that our students have easy access to the school, the beaches, the Sea Point Promenade and various cafes and restaurants.

HOST FAMILIES

Living in a private home is an excellent way to meet friendly, hospitable Capetonians who will help you find your way around our beautiful city and encourage you to improve your English. You will get to know about everyday life in South Africa as you are included in your host's daily activities and treated as a member of the family. Host families and students often form good relationships and continue their friendship for many years.

FEATURES:
- Standard Host Family – shared bathroom facilities
- Executive Host Family – private bathroom facilities
- Half-board or bed & breakfast seven days per week
- Linen and towels provided
- Laundry can be arranged, however Launderettes are available in the area
- 5 to 30-minute walk or 10-minutes by public transport

ECONOMY RESIDENCE

Our economy residence is perfect for budget travellers. These are houses and apartments that you share with other students or travellers from around the world. You will be able to mix, live and communicate in a truly international environment. It is a great way to make new friends and meet interesting people.

FEATURES:
- Single and Twin rooms
- Shared or private bathrooms
- Communal kitchen, lounge and dining area
- Linen and towels provided
- Launderettes are available in the area
- 10-minute walk

SUPERIOR RESIDENCE

Our superior residence is a self-catering house next door to the school and only 200 metres from the beachfront. It is a gracious old home with beautiful wooden floors, high ceilings and large rooms. It is newly renovated and the overall feel of the home is comfort. The area around the house is packed with coffee shops, restaurants and internet cafes.

FEATURES:
- 7 bedrooms with en-suite bathrooms
- 2 bedrooms with shared bathroom, separate toilet and a private balcony.
- Crisp white linens and towels
- Regularly serviced
- Fully equipped communal kitchen
- Communal lounge and dining area with DSTV
- Laundry facilities
- Braai area
- 2-minute walk

SELF-CATERING APARTMENTS

Our self-catering apartments are ideally situated between the Victoria & Alfred Waterfront and the school. They are luxury serviced apartments, fully equipped and have beautiful views of the sea or mountain. The famous Sea Point Promenade is opposite the apartments and allows for long scenic strolls or jogging alongside the ocean. The beachfront area is also complimented by coffee shops, cafes and restaurants.

FEATURES:
- Studio apartments, One bedroom apartments, Two bedroom apartments
- En-suite facilities
- Fully equipped
- Regularly serviced
- Electronic safe, radio alarm, hairdryer, satellite TV, DVD player
- Pool, business facilities, internet, secure parking by arrangement
- 30-minute walk along the beachfront or 10-minute bus ride

HOTELS AND GUESTHOUSES

Sea Point has a lot of very good hotels from luxury 5-star to 2- and 3-star boutique hotels. There are also a large variety of guesthouses close to the school where students can enjoy luxury with a more personal touch.

BACKPACKERS

This budget option is a great way to meet other young people from all over the world. There are plenty of good backpacker lodges near the school, and you can choose to have your own room or share with others. All the lodges have kitchens, social areas where you can meet other travellers and TV lounges to relax in.

Our Volunteer Programmes

Our Volunteer Work Programmes are an exceptional opportunity for anyone wanting to improve their English skills. Working as a volunteer, you will not only learn English in a native environment but you will also collaborate with the local communities and gain valuable work experience.

COMMUNITY PROGRAMME

Masikhule Childcare is a registered non-profit organisation that realised the need for better quality care for babies, toddlers and pre-schoolers in the townships and disadvantaged communities. They offer training in childcare skills to unemployed women, crèche workers and community workers in child development and stimulation. Your volunteering time will be spent at two crèches that take care of about 150 children, aged 7 months to 6 years. All kinds of volunteer support is needed. You could be an assistant teacher in the 4 - 6 year old group, or look after the babies if that is your preference.

CHEETAH CONSERVATION

The Cheetah Conservation programme is situated in the magnificent mountain valleys of Stellenbosch on South Africa's famous wine route. This project aims to help in the conservation of the Cheetah in South Africa by helping out with the day-to-day care of the animals and helping to educate people by encouraging a greater understanding of these magnificent animals. Your work will consist of preparation of food for the cheetahs, cleaning up the feeding and holding enclosures, as well as hosting the project's guests (which includes introducing them to the cheetahs). Because you will be working with the public, as well as animals, you need to be an outgoing and enthusiastic person with a sense of humour and a genuine compassion for animal welfare.

THE AIDS & HOSPICE SAFE HOUSE PROGRAMME

Founded in 1936, this home was originally created as a care centre for unwed mothers and their infants, and over the years has evolved into an organisation offering shelter for abused, abandoned, HIV- positive, orphaned and terminally ill children. The Aids Orphanage and Hospice provides residential care for up to 40 children (from birth to 6 years). They ensure that the children's physical and medical needs are attended to. Their objective is to create self-sufficiency and competency for children and families living with HIV and AIDS, in order to reduce the incidence of AIDS-related child abandonment and neglect. Volunteers assist the hospice staff by feeding, stimulating and playing with the children. You also accompany the children to the clinic, or on outings, or assist the teacher in the nursery school with the planned daily activities.

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VOLUNTEER PROGRAMME

SOCIAL PROGRAMME

Interlink Social Programme

At Interlink we organise all sorts of extra activities for you to enjoy after school. While you are learning English we want you to go out and practice your speaking with your fellow students and enjoy your time in Cape Town.

OUR WEEKLY SOCIALS

Every Monday we display a new programme of different outings for you to take part in. This programme allows you to experience local events and places in Cape Town that are not easy to do on your own, or with tour companies.

EXAMPLE

Monday:	City Tour – A must for new students!
Tuesday:	Access Park – Cape Town's biggest factory shopping park with over 60 outlet stores.
Wednesday:	Visit Blouberg Beach for the best pictures of Table Mountain.
Thursday:	Brewery Tour – see how South African Breweries make our finest beer.
Friday:	Braai at Mzoli's, the no.1 barbeque spot in the township of Gugulethu.
Saturday:	Springboks vs. France – Rugby Test Match at Newlands stadium
Sunday:	Sunset concert at Kirstenbosch Botanical Gardens

OUR TEACHER AND STUDENT SOCIALS

Once a week we organise an outing for you with one of our teachers. This enables you to get to know your teachers better and practice your English with them outside the classroom.

EXAMPLES

Sunset picnics on Clifton Beach, dining out at various restaurants, attending soccer matches at the new World Cup stadium, hiking up Lion's Head, playing beach volleyball, African drumming sessions, playing board games, salsa dancing, wine tasting, international lunches, anything that you and the teachers want to do!

OUR ACTIVITIES BOARD

Every week there are a variety of different events and student specials happening in and around Cape Town. To get an overall picture of what is happening and when, our activities board is updated weekly and very useful for planning how you're going to spend your time.

WEEKLY EXAMPLE ►

DATE	EVENT TYPE	VENUE
Monday 10/01/2011	Comedy night ½ Price Pizza night Live music (student night special)	Zula Bar, Long Street Rafikis, Kloof Street Mercury, Gardens
Tuesday 11/01/2011	Eat as much as you can special Labia Cinema & Society Bistro Special Long Street Pub Crawl Special	Sauls Sushi, Sea Point Kloof Street Carnival Backpackers, Long Street
Wednesday 12/01/2011	R12.00 Movie Special African Drumming Workshop Sunset Special – Ride & Dine	V & A Waterfront City Centre Table Mountain
Thursday 13/01/2011	½ Price Cocktails International Student Night – Clubbing Salsa Dancing	Rafikis, Kloof Street Hemisphere, City Centre Que Pasa Latin Lounge, City Centre
Friday 14/01/2011	Salsa Lessons Buy 2 Pastas get one Free	Fiesta, Waterkant Bella Italia, Sea Point
Saturday 15/01/2011	Neighbourhood Goods Market Sunset Special – Ride & Dine	Old Biscuit Mill, Woodstock Table Mountain
Sunday 16/01/2011	Summer sunset concert Train trip along False Bay	Kirstenbosch Botanical Gardens Kalk Bay, Muizenberg

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SOCIAL PROGRAMME

Tours, Activities and Entertainment

Cape Town is a city of culture, built on a history that reflects in the architecture, cuisine, music and dance. Together with a warm summer and temperate winter climate and a friendly community, the Western Cape and the Mother City are an ideal holiday destination throughout the year. No matter what your interest or preference, experiencing Cape Town and its surroundings by means of a tour is hard to beat. Whether you are interested in wildlife, wine, outdoor activities or history you are sure to find something to suit your tastes. There are many various types of tours and activities to choose from, below are just a few examples.

TOURS

Cape Point and Wine
HIGHLIGHTS: Chapman's Peak Drive - Cape Point / Cape of Good Hope - African penguins - Groot Constantia Cellar tour & Wine Tasting.

Western Cape Wow
HIGHLIGHTS: Township culture tour - Cheese and wine tastings - African penguins - Shark cage diving - Whale watching (seasonal) - Breathtaking mountain passes and endless white beaches - Cape Agulhas

Garden Route Adventure
HIGHLIGHTS: Oudtshoorn - Ostrich farm tour and ostrich riding - Knysna - Elephant experience - Nature's Valley - Wilderness canoeing - Jeffreys Bay - Surfing & Shopping - World's highest Bungy Jump, bridge slide - Breathtaking Mountains, lagoons, rivers and beaches

Kruger Bush Safari
HIGHLIGHTS: Jo'burg to Kruger transfers - Sunrise Walking Safari - Kruger Park Safari - Sunset Safari - Night Drive Safari - Flying Safari - Elephant Back Ride Safari, dinners around campfire and bush breakfasts.

ADVENTURE ACTIVITIES

Bungee Jumping - some of the best bungee sites are in the Western Cape from incredibly high bridges.

Surfing - experience what it feels like to glide down the open face of a moving wave!

Sandboarding - cruise down the dunes at high speeds that will get your adrenaline flowing!

Skydiving - enjoy a spectacular aircraft ride, experiencing the finest views of the West Coast, Cape Town, Robben Island and Table Mountain. A tandem jump is the way to go if you want the ultimate joy-ride.

Canoeing/rafting - white water enthusiasts will love our rivers. Organised trips are offered on many rivers with varying levels of experience necessary.

Hiking - with so many mountain ranges surrounding the Cape, hiking is popular. There are numerous trails that take several days as well as day walks up Table Mountain.

Mountain Biking - explore the slopes of Table Mountain or ride through the winelands. Choose from any number of rides, from the easiest stroll to a strenuous challenge.

ENTERTAINMENT

Art - There are many galleries around the city that have famous collections of paintings and sculpture.

Theatres, Classical Music & Dance - Our theatres present ballets, musicals, plays, operas and orchestral performances. Because of our great weather we also have outdoor theatres, such as the Maynardville Open Air Theatre where many of Shakespeare's great works are performed. The Cape Town Philharmonic Orchestra also plays in beautiful outdoor locations such as the Kirstenbosch Botanical Gardens.

Nightlife - Cape Town is alive after dark with a variety of nightspots to tempt all tastes. You will find nightclubs, wine-bars, pubs, discotheques, cinemas, cocktail lounges and many different restaurants. Many venues have live bands and you can party the night away until the early hours of the morning!

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TOURS & ENTERTAINMENT

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