CENTRE GUIDE



LANGUAGE CAMPS / AGE 8-17 Alpadia Leysin















www.alpadia.com

ClanguageCourse Book at worldwide lowest price at:

https://www.languagecourse.net/school-alpadia-leysin.php3

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+81 345 895 399

+33 1-78416974
 ₩ +47 219 30 570
 ₩ +55 213 958 08 76

+41 225 180 700 +45 898 83 996 +86 19816218990 +49 221 162 56897





Nationality Mix

Americas	6%	
Asia & Pacific	9%	
Eastern Europe	5%	
Middle East & Africa	1%	l
Western Furone	79%	



Camp highlights

- \checkmark Wonderful mountain location in a 3-star hotel with all classrooms, accommodation and dining under one roof
- Plenty of game areas and communal areas for students
- Attractive alpine-style bedrooms for 4 students with private bathroom and balcony
- All bedrooms have balconies boasting impressive mountain views
- \checkmark Comfortable & spacious classrooms for dynamic learning

Destination highlights

- √ Beautiful mountain resort at 1'263 m altitude
- Great location to discover local attractions 1
- 1 Wealth of cultural, artistic & sports activities
- \checkmark Great selection of places to visit and things to see
- 1 Plenty of entertainment, leisure and outdoors activities
- Rich choice of excursions and entertainment

Accreditations & certifications



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ertificate	Excursions	Full-board accomodation	International classes	24/7 supervision
andirad	e camp			

Language	French or English	
Age	8-17	
Max. students/class	15	
Year of foundation	2010	
Staff recruitment ratio	1:15	
Class timings	Morning	

Addresses

Reception, residence, dining & classrooms

Hôtel Central Résidence, Route du Belvédère, 1854 Leysin

Telephone

Dates

Spring 2024: 31.03-06.04 / 07.04-13.04 / 14.04-20.04 / 21.04-27.04 Summer 2024: 23.06-29.06 / 30.06-06.07 / 07.07-13.07 / 14.07-20.07 / 21.07-27.07 / 28.07-03.08 / 04.08-10.08 Fall 2024: 29.09-05.10 / 06.10-11.10 / 13.10-19.10 / 20.10-26.10

Courses (45 minutes lessons)

Standard	20 lessons per week / 08:30 - 11:45
Intensive	25 lessons per week / 11:45 - 12:30
Private	5 lessons per week / 11:45 - 12:30

Currency

Swiss Francs CHF	Pocket money service

Accommodation

Quadruple	Private bathroom		
Transfers in CHF	View PDF Pricelist		
স Geneva GVA	from 200 one-way		
🏯 Leysin-Feydey	free		
🛱 Lugano-Lucern-Zurich-Bern	90 one-way		

How to get there

Car	Click here to use Google maps
Train	Closest station is "Leysin Feydey"



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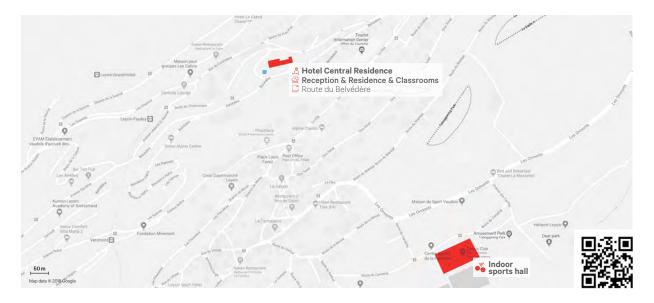
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Typical facilities

- ✓ Alpine-style quadruple bedroom with balcony
- ✓ Desk, wardrobe, chair & lamp in rooms
- Private bathroom with hairdryer & toilet per room
- ✓ Common lounge & dining area
- ✓ Bedsheets are provided (towels are not provided)
- ✓ Spacious terrace with impressive mountain views
- \checkmark Free WiFi in residence throughout the residence
- \checkmark Game areas with arcades, table tennis & pool table
- \checkmark Indoor swimming pool with spectacular views
- Garden with volleyball & pétanque
 * For safety reasons, bedroom doors don't lock

Services

- Pocket money
 Camp managers keep student's money in a safe.
 Students can withdraw their money once daily.
- ✓ Free daily room cleaning
- Paid laundry service at residence, once a week starting from the second week of camp
 Local cleaning service picks up laundry on Tuesday for a return on Thursday. Students should label all their clothes. To be paid with cash on-site. CHF 7.00 per kg

Practical information

- Check-in Sunday Reception at Hotel Central Residence From 14:00 – 16:30
- Check-out Saturday
 From 09:00 11:30
- Minimum stay one week
- CHF 50 deposit to be paid in cash up on arrival It is refunded on departure day provided no damage has been caused

Free time

- Parents need to sign the parental consent form in order for students to leave the residence at specific time slots.
- ✓ Students are not allowed to leave the residence in the evening or during the night.
- Students under 14 years old are not allowed to leave the camp alone at any time.
- Free time is available everyday between the afternoon activity and dinner and on Saturday morning.

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PREMIUM 🕂 🕅 🎌 ADRENALIN *		COOKING	HORSE RIDING	🔊 TENNIS
Preview				RETURNE RE
Programme	 Tobogganing: Alpine coaster on the 3000m glacier of Diablerets - three descents Dirt scoot: Students go up the hill with the ski lift and go down the mountain on a Dirt Scoot, on specially designed tracks Mountain biking: A mountain biking: around Leysin. 	 Preparation of local, typical French & internationally well-known desserts and sweets: macarons, Breton Far, chocolate mousse, gateau Basque, crêpes flambées, cupcakes, fruit pie, tiramisu, muffins, etc. Making of sauces and salads Short theoretical course about cooking: ingredients Students will get the recipes to be able to reproduce the meals at home afterwards 	Lessons for beginners and experienced riders. Ride lessons in the riding arena (manège) and/or ride trips outside the riding centre depending on students' levels and weather.	 Adapted to all levels Four students per court and per teacher
Materials	 Helmets, elbow and knee protection will be provided for the Dirt Scoot and mountain biking Rentals from a professional bike shop 	All materials are supplied	 The horse riding club will provide a helmet Students should wear solid/ sports shoes, trousers and should bring a rain jacket 	 All materials are supplied by the tennis club Students can bring their own tennis racket Students should bring sports clothes & clean indoor sport / tennis shoes
Location	 Toboggan: On the glacier in Les Diablerets Dirt Scoot: on specially designed tracks in Leysin Mountain bike: Around the village of Leysin 	In residence kitchen	Horse riding club close to residence A member of staff will accompany students on foot	Indoors at a local tennis centre, 5 minute walk away. Indoor carpet court floor
Timing	Tuesday, Thursday & Friday afternoons, typically 14:00-16:00	Tuesday, Thursday & Friday afternoons, typically 14:00-17:00	Tuesday, Thursday & Friday afternoons, typically 14:00-17:00	Tuesday, Thursday & Friday afternoons, typically 14:00-16:00
Price per week	CHF 225	CHF 135	CHF 225	CHF 225

All timings include travel time to the location and preparation time.

* Only avalaible for students over 13 years old.

Staff members will walk or drive the students to the locations of their respective Premium+ activities.

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	WEEK 1 - FOR AGE 8-12 23.06-29.06.2024						
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			W	/ake-up 7:00 / Breakfast 7:3	0		
8:30 - 12:30		CLASSES	CLASSES	CLASSES	CLASSES	CLASSES	DEPARTURES OR HALF-DAY EXCURSION
	ARRIVAL &			Lunch 12:30 - 13:30			
14:00 - 18:00	WELCOMING OF NEW STUDENTS	CREATIVE WORKSHOP OR MULTISPORTS	MULTISPORTS OR PREMIUM 🕀 🔥 😭 🙈	EXCURSION TO CAVES OF VALLORBE	MULTISPORTS OR PREMIUM 🕀 🔥 😭 🙈	HIKE OR PREMIUM 🕀 🔥 😭 🙈	SHOPPING & VISIT OLD TOWN OF VEVEY
				Dinner 18:30 - 19:30			
20:00 - 22:00	ICE BREAKER	TORCH WALK BY NIGHT	BBQ ON THE MOUNTAIN	NEWSPAPER FASHION SHOW	MURDER MYSTERY NIGHT	KAKAOKE & DISCO	MOVIE NIGHT
				Lights out: 22:00			

	WEEK 2 - FOR AGE 8-12 30.06-06.07.2024						-06.07.2024
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Ň	Vake-up 7:00 / Breakfast 7:3	0		
8:30 - 12:30	ARRIVAL OF NEW	CLASSES	CLASSES	CLASSES	CLASSES	CLASSES	DEPARTURES OR HALF-DAY EXCURSION
	STUDENTS			Lunch 12:30 - 13:30			
14:00 - 18:00	OR CHOCOLATE FACTORY CAILLERS & VISIT TO GRUYÈRES TOWN	CREATIVE WORKSHOP OR MULTISPORTS	MULTISPORTS OR PREMIUM 🕀 🔥 😭 🙈	EXCURSION TO LABYRINTH ADVENTURE	MULTISPORTS OR PREMIUM () () () () () () () () () () () () ()	HIKE OR PREMIUM 🕀 🏠 😭	SHOPPING & VISIT OLD TOWN OF LAUSANNE
				Dinner 18:30 - 19:30			
20:00 - 22:00	ICE BREAKER	CASINO NIGHT	BBQ ON THE MOUNTAIN	TALENT SHOW	PIMP MY FRIEND	KAKAOKE & DISCO	MOVIE NIGHT
				Lights out: 22:00			

	WEEK 3 - FOR AGE 8-12 07.07-13.07.20						
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			W	/ake-up 7:00 / Breakfast 7:3	0		
8:30 - 12:30	ARRIVAL OF NEW	CLASSES	CLASSES	CLASSES	CLASSES	CLASSES	DEPARTURES OR HALF-DAY EXCURSION
	STUDENTS			Lunch 12:30 - 13:30			
14:00 - 18:00	OR EXCURSION TO AQUAPARK	CREATIVE WORKSHOP OR MULTISPORTS	MULTISPORTS OR PREMIUM (1) (1) (2) (2) (2) (2) (2) (2) (2) (2) (2) (2	EXCURSION TO BEX SALT MINES	MULTISPORTS OR PREMIUM 🕀 🔥 😭 🙈	HIKE OR PREMIUM 🕀 🔥 😭 🙈	EXCURSION TO CHATEAU DE CHILLON & MONTREUX
				Dinner 18:30 - 19:30			
20:00 - 22:00	ICE BREAKER	MUSIC QUIZ	BBQ PARTY	MOVIE NIGHT	DISCO	TALENT SHOW	SPORTS TOURNAMENT
				Lights out: 22:00			

MULTISPORTS: Includes activities such as football, leisure swimming in an indoor pool on campus and in outdoor and tropical pools on excursions, minigolf, table tennis, ice skating, basketball, bouldering, street hockey, handball, baseball, dodgeball etc.

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	WEEK 4 - FO	14.0	14.07-20.07.2024				
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			W	/ake-up 7:00 / Breakfast 7:3	0		
8:30 -12:30	ARRIVAL OF NEW	CLASSES	CLASSES	CLASSES	CLASSES	CLASSES	DEPARTURES OR HALF-DAY EXCURSION
	STUDENTS			Lunch 12:30 - 13:30			
14:00 - 18:00	OR ALPINE ZOO & SWIMMING POOL	CREATIVE WORKSHOP OR MULTISPORTS	MULTISPORTS OR PREMIUM (*) (* 2) (*)	EXCURSION TO CAVES OF VALLORBE	MULTISPORTS OR PREMIUM () () () () ()	HIKE OR PREMIUM 🕀 🌈 😭 🙈	SHOPPING & VISIT OLD TOWN OF VEVEY
				Dinner 18:30 - 19:30			
20:00 - 22:00	ICE BREAKER	TORCH WALK BY NIGHT	BBQ ON THE MOUNTAIN	TALENT SHOW	PIMP MY FRIEND	KAKAOKE & DISCO	MOVIE NIGHT

Lights out: 22:00

	WEEK 5 - FC	OR AGE 8-12				21.0	7-27.07.2024
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			N	/ake-up 7:00 / Breakfast 7:3	0		
8:30 - 12:30	ARRIVAL OF NEW STUDENTS	CLASSES	CLASSES	CLASSES	CLASSES	CLASSES	DEPARTURES OR HALF-DAY EXCURSION
	OR			Lunch 12:30 - 13:30			
14:00 - 18:00	EXCURSION TO CHOCOLATE FACTORY CAILLERS & VISIT TO GRUYÈRES TOWN	CREATIVE WORKSHOP OR MULTISPORTS	MULTISPORTS OR PREMIUM 🕀 🕐 😭 🙈	EXCURSION TO LABYRINTH ADVENTURE	MULTISPORTS OR PREMIUM 🕀 🔥 😭 🙈	HIKE OR PREMIUM 🕀 🔥 😭 🙈	SHOPPING & VISIT OLD TOWN OF LAUSANNE
				Dinner 18:30 - 19:30			
20:00 - 22:00	ICE BREAKER	CASINO NIGHT	BBQ ON THE MOUNTAIN	NEWSPAPER FASHION SHOW	MURDER MYSTERY NIGHT	KAKAOKE & DISCO	MOVIE NIGHT
				Lights out: 22:00			

	WEEK 6 - FC	OR AGE 8-12			28.07	3.07-03.08.2024	
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			W	/ake-up 7:00 / Breakfast 7:3	0		
8:30 - 12:30	ARRIVAL OF NEW	CLASSES	CLASSES	CLASSES	CLASSES	CLASSES	DEPARTURES OR HALF-DAY EXCURSION
	STUDENTS			Lunch 12:30 - 13:30			
14:00 - 18:00	OR EXCURSION TO AQUAPARK	CREATIVE WORKSHOP OR MULTISPORTS	MULTISPORTS OR PREMIUM 🕀 🔥 😭 🙈	EXCURSION TO BEX SALT MINES	MULTISPORTS OR PREMIUM 🕀 🔥 😭 🙈	HIKE OR PREMIUM 🕀 🕐 👚 🙈	EXCURSION TO CHATEAU DE CHILLON & MONTREUX
				Dinner 18:30 - 19:30			
20:00 - 22:00	ICE BREAKER	EGG PROTECTOR	BBQ ON THE MOUNTAIN	TALENT SHOW	PIMP MY FRIEND	KAKAOKE & DISCO	SPORTS TOURNAMENT
				Lights out: 22:00			

MULTISPORTS: Includes activities such as football, leisure swimming in an indoor pool on campus and in outdoor and tropical pools on excursions, minigolf, table tennis, ice skating, basketball, bouldering, street hockey, handball, baseball, dodgeball etc.

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	WEEK 7 - FOR AGE 8-12 04.08							
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
			W	/ake-up 7:00 / Breakfast 7:3	0			
8:30 - 12:30	ARRIVAL OF NEW	CLASSES	CLASSES	CLASSES	CLASSES	CLASSES	DEPARTURE OF STUDENTS	
	STUDENTS			Lunch 12:30 - 13:30				
14:00 - 18:00	OR ALPINE ZOO & SWIMMING POOL	CREATIVE WORKSHOP OR MULTISPORTS	MULTISPORTS OR PREMIUM (*) (* (*)	EXCURSION TO CAVES OF VALLORBE	MULTISPORTS OR PREMIUM () () () ()	HIKE OR PREMIUM 🕀 🔥 🖹 🙈	END	
				Dinner 18:30 - 19:30				
20:00 - 22:00	ICE BREAKER	TORCH WALK BY NIGHT	BBQ ON THE MOUNTAIN	NEWSPAPER FASHION SHOW	MURDER MYSTERY NIGHT	KARAOKE	END	
				Lights out: 22:00				

MULTISPORTS: Includes activities such as football, leisure swimming in an indoor pool on campus and in outdoor and tropical pools on excursions, minigolf, table tennis, ice skating, basketball, bouldering, street hockey, handball, baseball, dodgeball etc.

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	WEEK 1 - FO	23.06-29.06.2024					
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			w	ake-up 7:00 / Breakfast 7:3	30		
8:30 -12:30		CLASSES	CLASSES	CLASSES	CLASSES	CLASSES	DEPARTURES OR HALF-DAY EXCURSION
	ARRIVAL &			Lunch 12:30 - 13:30			
14:00 - 18:00	WELCOMING OF NEW STUDENTS	CREATIVE WORKSHOP OR MULTISPORTS	MULTISPORTS OR PREMIUM 🕀 陀 📣 🖀 🙈	EXCURSION TO BEX SALT MINES	MULTISPORTS OR PREMIUM 🕀 陀 👫 😭 🙈	HIKE OR PREMIUM 🕀 陀 📣 🖹 🙈	EXCURSION TO CHATEAU DE CHILLON & MONTREUX
				Dinner 18:30 - 19:30			
20:00 - 22:00	ICE BREAKER	CASINO NIGHT	NEWSPAPER FASHION SHOW	MURDER MYSTERY NIGHT	BBQ ON THE MOUNTAIN	KAKAOKE & DISCO	MOVIE NIGHT
				Lights out: 22:30			

	WEEK 2 - FO	OR AGE 13-17		30.06-06.07.2024			
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			W	/ake-up 7:00 / Breakfast 7:3	30		
8:30 -12:30	ARRIVAL OF NEW	CLASSES	CLASSES	CLASSES	CLASSES	CLASSES	DEPARTURES OR HALF-DAY EXCURSION
	STUDENTS			Lunch 12:30 - 13:30			
14:00 - 18:00	OR EXCURSION TO ALPINE ZOO & SWIMMING POOL	CREATIVE WORKSHOP OR MULTISPORTS	MULTISPORTS OR PREMIUM ① ?? (A 1)	EXCURSION TO ADVENTURE PARK	MULTISPORTS OR PREMIUM () () () () () () () () () () () () ()	HIKE OR PREMIUM 🕀 😪 🏠 🎘	EXCURSION TO VEVEY
				Dinner 18:30 - 19:30			
20:00 - 22:00	ICE BREAKER	EGG PROTECTOR	TALENT SHOW	PIMP MY FRIEND	BBQ ON THE MOUNTAIN	KAKAOKE & DISCO	MOVIE NIGHT
				Lights out: 22:30			

	WEEK 3 - FO	07.0	7-13.07.2024				
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			W	ake-up 7:00 / Breakfast 7:3	30		
8:30 - 12:30	ARRIVAL OF NEW STUDENTS	CLASSES	CLASSES	CLASSES	CLASSES	CLASSES	DEPARTURES OR HALF-DAY EXCURSION
	OR			Lunch 12:30 - 13:30			
14:00 - 18:00	CHOCOLATE FACTORY CAILLERS & VISIT TO GRUYÈRES TOWN	CREATIVE WORKSHOP OR MULTISPORTS	MULTISPORTS OR PREMIUM 🕀 🍞 📣 🖀 🙈	EXCURSION TO CHATEAU DE CHILLON & MONTREUX JAZZ FESTIVAL	MULTISPORTS OR PREMIUM 🕀 陀 📣 🖀 🙈	HIKE OR PREMIUM 🕀 🍞 📣 🖀 🙈	EXCURSION TO LAUSANNE
				Dinner 18:30 - 19:30			
20:00 - 22:00	TOWER GAME	"GET THE MESSAGE" PARTY	MUSIC BLIND QUIZ	BBQ PARTY	FREE EVENING	DISCO PARTY	SPORTS TOURNAMENT
				Lights out: 22:30			

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14.07-20.07.202	WEEK 4 - FOR AGE 13-17							
DAY THURSDAY FRIDAY SATURDAY	WEDNESDAY	TUESDAY	MONDAY	SUNDAY				
reakfast 7:30	ake-up 7:00 / Breakfast 7:3	V						
ES CLASSES CLASSES OR HALF-DAY EXCURSION	CLASSES	CLASSES	CLASSES	ARRIVAL OF NEW	8:30 - 12:30			
ARRIVAL OF NEW Lunch 12:30 - 13:30								
OR OR CHATEAU DE CHILI	EXCURSION TO BEX SALT MINES	MULTISPORTS OR PREMIUM 🛞 🕅 🔗 😭 🏂	CREATIVE WORKSHOP OR MULTISPORTS	OR EXCURSION TO AQUAPARK	14:00 - 18:00			
- 19:30	Dinner 18:30 - 19:30							
RIEND BBQ ON THE KAKAOKE & DISCO MOVIE NIGHT	PIMP MY FRIEND	TALENT SHOW	CASINO NIGHT	ICE BREAKER	20:00 - 22:00			
	PIMP MY FR	TALENT SHOW	CASINO NIGHT	ICE BREAKER	20:00 - 22:00			

	WEEK 5 - FOR AGE 13-17 21.07-27.07.202								
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
			W	/ake-up 7:00 / Breakfast 7:	30				
8:30 - 12:30	ARRIVAL OF NEW	CLASSES	CLASSES	CLASSES	CLASSES	CLASSES	DEPARTURES OR HALF-DAY EXCURSION		
	OR OR		Lunch 12:30 - 13:30						
14:00 - 18:00	EXCURSION TO ALPINE ZOO & SWIMMING POOL	CREATIVE WORKSHOP OR MULTISPORTS	MULTISPORTS OR PREMIUM 🕀 🎌 🏠 🍂	EXCURSION TO ADVENTURE PARK	MULTISPORTS OR PREMIUM () (* (*)	HIKE OR PREMIUM 🕀 🍞 📣 🖀 🍂	EXCURSION TO VEVEY		
				Dinner 18:30 - 19:30					
20:00 - 22:00	ICE BREAKER	EGG PROTECTOR	NEWSPAPER FASHION SHOW	MURDER MYSTERY NIGHT	BBQ ON THE MOUNTAIN	KAKAOKE & DISCO	MOVIE NIGHT		
				Lights out: 22:30					

	WEEK 6 - F C	OR AGE 13-17	28.07-03.08.2024					
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
			w	ake-up 7:00 / Breakfast 7:3	30			
8:30 - 12:30	ARRIVAL OF NEW	CLASSES	CLASSES	CLASSES	CLASSES	CLASSES	DEPARTURES OR HALF-DAY EXCURSION	
	OR		Lunch 12:30 - 13:30					
14:00 - 18:00	CHOCOLATE FACTORY CAILLERS & VISIT TO GRUYÈRES TOWN	CREATIVE WORKSHOP OR MULTISPORTS	MULTISPORTS OR PREMIUM 🕀 陀 📣 🖀 🍂	EXCURSION TO CAVES OF VALLORBE	MULTISPORTS OR PREMIUM 🕀 陀 👫 🖀 🙈	HIKE OR PREMIUM 🕀 陀 📣 🖹 🙈	EXCURSION TO LAUSANNE	
				Dinner 18:30 - 19:30				
20:00 - 22:00	ICE BREAKER	TORCH WALK BY NIGHT	TALENT SHOW	PIMP MY FRIEND	BBQ ON THE MOUNTAIN	KAKAOKE & DISCO	SPORTS TOURNAMENT	
				Lights out: 22:30				

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	WEEK 7 - FC	OR AGE 13-17				04.08	3-10.08.2024
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			W	/ake-up 7:00 / Breakfast 7:3	30		
8:30 - 12:30		CLASSES	CLASSES	CLASSES	CLASSES	CLASSES	DEPARTURE OF STUDENTS
	ARRIVAL OF NEW			Lunch 12:30 - 13:30			
14:00 - 18:00	STUDENTS OR EXCURSION TO AQUAPARK	CREATIVE WORKSHOP OR MULTISPORTS	MULTISPORTS OR PREMIUM 🕀 😪 🎝 🖀 🙈	EXCURSION TO BEX SALT MINES	MULTISPORTS OR PREMIUM 🕀 😪 🖨 🖉 🙈	HIKE OR PREMIUM 🕀 😭 🏠 👰	END
				Dinner 18:30 - 19:30			
20:00 - 22:00	ICE BREAKER	CASINO NIGHT	NEWSPAPER FASHION SHOW	MURDER MYSTERY NIGHT	BBQ ON THE MOUNTAIN	KARAOKE	END
				Lights out: 22:30			

MULTISPORTS: Includes activities such as football, leisure swimming in an indoor pool on campus and in outdoor and tropical pools on excursions, minigolf, table tennis, ice skating, basketball, bouldering, street hockey, handball, baseball, dodgeball etc.

Times are approximate and may vary from week to week. Free time activities may include doing laundry, studying, contacting family, socialising etc. Please note that all schedules and activities are subject to change – in the event of force majeure, i.e. in case of bad weather conditions, insufficient number of participants or unavailability of the provider.

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SAMPLE MENU GUIDE







	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST				CONTINENTAL BREAKFAS	т		
LUNCH	Packed lunch Sandwich Snack Drink Biscuit	Salad buffet Spaghetti bolognaise Flan caramel	Salad buffet Hamburger french fries tomatoes cheese Cake "tutti frutti"	Salad buffet Penne carbonara Vanilla cream	Salad buffet Roasted turkey fried potatoes carrots & peas Chocolate brownie	Salad buffet Lasagna Apple pie	Salad buffet Roasted pork steamed potatoes chicory Apricot pie
DINNER	Salad buffet Breaded chicken cutlet gratin pasta Vegetable mix Floating island	Salad buffet Blown apple ratatouille Black & white chocolate mousse	Salad buffet Roasted veal mashed potatoes carrots Chocolat pie	Salad buffet Roasted pork "jambon à l'os" gratin dauphinois green beans Tiramisu	Salad buffet Roasted chicken french fries vegetables Pear tart with almond cream	Salad buffet Salmon escalope Rice pilaf Tomato provencal Panna cotta	Salad buffet Beef fillet Rosti Seasonal vegetables Fruit salad

IF COMMUNICATED LATEST 2 WEEKS IN ADVANCE, THE FOLLOWING MENUS ARE POSSIBLE
GLUTEN INTOLERANT
LACTOSE FREE
VEGETARIAN
HALAL (AVAILABLE FOR GROUPS ONLY - SUPPLEMENT CHF 125 / WEEK / STUDENT)

These are sample menus and may be modified at any time by the accommodation partner.

- SUPPLEMENT CHF 125 / WEEK / STUDENT) TRACES OF NUTS AND/OR OTHER ALLERGENS**

Please communicate any special meal requests at least 2 weeks in advance.

All allergies and food intolerances should be communicated via the parental consent form in the student portal.

It is not possible to guarantee that the meals are allergen-free. Dishes may come in contact with other allergens and for the safety of your child, please don't take any risks.

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SPECIAL OPTIONS

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