

**WEEK 1****22.06-28.06.2025**

| SUNDAY   | MONDAY                               | TUESDAY  | WEDNESDAY                        | THURSDAY   | FRIDAY   | SATURDAY                         |                |
|--|--------------------------------------|--|----------------------------------|--|--|----------------------------------|----------------|
| Wake-up 7:00 / Breakfast 7:30  |                                      |  |                                  |  |  |                                  |                |
| 8:30 - 12:30<br><br>ARRIVAL & WELCOMING OF NEW STUDENTS                          | CLASSES                              | CLASSES  | CLASSES                          | CLASSES  | CLASSES  | DEPARTURES OR HALF-DAY EXCURSION |                |
|  | CITY TOUR OR ARTS AND SPORTS AT CAMP | SCHLOSSBERG OR ARTS AND SPORTS AT CAMP OR<br>PREMIUM + | AUGUSTINERMUSEUM AND STADTGARTEN | CITY TOUR OR ARTS AND SPORTS AT CAMP OR<br>PREMIUM + | NATURE HIKE OR ARTS AND SPORTS AT CAMP OR<br>PREMIUM + |                                  |                |
| Lunch 12:30 - 13:30  |                                      |  |                                  |  |  |                                  |                |
| 14:00 - 16:30  | CLASSES                              | CLASSES  | CLASSES                          | CLASSES  | CLASSES  | EXCURSION TO TIERPARK MUNDENHOF  |                |
|  | CITY TOUR OR ARTS AND SPORTS AT CAMP | SCHLOSSBERG OR ARTS AND SPORTS AT CAMP OR<br>PREMIUM + | AUGUSTINERMUSEUM AND STADTGARTEN | CITY TOUR OR ARTS AND SPORTS AT CAMP OR<br>PREMIUM + | NATURE HIKE OR ARTS AND SPORTS AT CAMP OR<br>PREMIUM + |                                  |                |
| Free Time (Alpadia Lounge or Sortie Libre) 16:30 - 18:00<br>Dinner 18:30 - 19:30 |                                      |  |                                  |  |  |                                  |                |
| 20:00 - 22:00  | ICE BREAKER                          | QUIZ   | NUMBER WARS                      | MOVIE NIGHT  | STARLIGHT HIKE   | DISCO                            | ALPADIA LOUNGE |
| Lights out: 22:30  |                                      |  |                                  |  |  |                                  |                |

**WEEK 2****29.06-05.07.2025**

| SUNDAY  | MONDAY                               | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  | SATURDAY                         |                |
|---|--------------------------------------|--|--|--|---|----------------------------------|----------------|
| Wake-up 7:00 / Breakfast 7:30   |                                      |  |  |  |   |                                  |                |
| 8:30 - 12:30<br><br>ARRIVAL OF NEW STUDENTS<br><br>EXCURSION TO TODTNAU<br><br>OR<br><br> | CLASSES                              | CLASSES  | CLASSES  | CLASSES  | CLASSES   | DEPARTURES OR HALF-DAY EXCURSION |                |
|   | CITY TOUR OR ARTS AND SPORTS AT CAMP | SCHLOSSBERG OR ARTS AND SPORTS AT CAMP OR<br>PREMIUM + | MUSEUM FÜR NATUR UND MENSCH AND BOTANICAL GARDEN | CITY TOUR OR ARTS AND SPORTS AT CAMP OR<br>PREMIUM + | YOGA OR ARTS AND SPORTS AT CAMP OR<br>PREMIUM + |                                  |                |
| Lunch 12:30 - 13:30   |                                      |  |  |  |   |                                  |                |
| 14:00 - 16:30   | CLASSES                              | CLASSES  | CLASSES  | CLASSES  | CLASSES   | EXCURSION TO STEINWASEN          |                |
|   | CITY TOUR OR ARTS AND SPORTS AT CAMP | SCHLOSSBERG OR ARTS AND SPORTS AT CAMP OR<br>PREMIUM + | MUSEUM FÜR NATUR UND MENSCH AND BOTANICAL GARDEN | CITY TOUR OR ARTS AND SPORTS AT CAMP OR<br>PREMIUM + | YOGA OR ARTS AND SPORTS AT CAMP OR<br>PREMIUM + |                                  |                |
| Free Time (Alpadia Lounge or Sortie Libre) 16:30 - 18:00<br>Dinner 18:30 - 19:30          |                                      |  |  |  |   |                                  |                |
| 20:00 - 22:00   | ICE BREAKER                          | EGG DROP   | CASINO   | MOVIE NIGHT  | STARLIGHT HIKE                                  | DISCO                            | ALPADIA LOUNGE |
| Lights out: 22:30   |                                      |  |  |  |   |                                  |                |

"Zig-Zag" class schedule: students are assigned to a "Morning" or "Afternoon" schedule (indicated above with Green and Yellow) during check-in, based on considerations of class size and language level. Students will have to stick with their assigned schedule throughout their stay at camp. Alpadia cannot offer to meet requests regarding which schedule a student will be assigned to.

**ARTS AND SPORTS:** Includes activities such as football, badminton, disc golf, ultimate frisbee, spikeball, volleyball, leisure swimming, table tennis, dodgeball, and art programs like charcoal drawing, jewelry making, woodburning, embroidery and more.

Times are approximate and may vary from week to week. Free time activities may include doing laundry, studying, contacting family, socialising etc. Please note that classes can take place during the morning or the afternoon on any particular week. Please note that all schedules and activities are subject to change – in the event of force majeure, i.e. in case of bad weather conditions, insufficient number of participants or unavailability of the provider.

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## WEEK 3

06.07-12.07.2025

| SUNDAY   | MONDAY                               | TUESDAY  | WEDNESDAY                                   | THURSDAY   | FRIDAY  | SATURDAY                         |                |
|--|--------------------------------------|--|---|--|---|----------------------------------|----------------|
| Wake-up 7:00 / Breakfast 7:30  |                                      |  |   |  |   |                                  |                |
| 8:30 - 12:30<br><br>ARRIVAL OF NEW STUDENTS<br><br>EXCURSION SCHLUCHSEE<br><br>OR<br><br>PREMIUM + | CLASSES                              | CLASSES  | CLASSES                                     | CLASSES  | CLASSES   | DEPARTURES OR HALF-DAY EXCURSION |                |
|  | CITY TOUR OR ARTS AND SPORTS AT CAMP | SCHLOSSBERG OR ARTS AND SPORTS AT CAMP OR<br>PREMIUM + | FREIBURGER MÜNSTER AND MUSEUM OF ARCHEOLOGY | CITY TOUR OR ARTS AND SPORTS AT CAMP OR<br>PREMIUM + | YOGA OR ARTS AND SPORTS AT CAMP OR<br>PREMIUM + |                                  |                |
|  | CLASSES                              | CLASSES  | CLASSES                                     | CLASSES  | CLASSES   | EXCURSION TO SCHAUINSLAND        |                |
| 14:00 - 16:30  | CITY TOUR OR ARTS AND SPORTS AT CAMP | SCHLOSSBERG OR ARTS AND SPORTS AT CAMP OR<br>PREMIUM + | FREIBURGER MÜNSTER AND MUSEUM OF ARCHEOLOGY | CITY TOUR OR ARTS AND SPORTS AT CAMP OR<br>PREMIUM + | YOGA OR ARTS AND SPORTS AT CAMP OR<br>PREMIUM + |                                  |                |
| Free Time (Alpadia Lounge or Sortie Libre) 16:30 - 18:00   |                                      |  |   |  |   |                                  |                |
| Dinner 18:30 - 19:30   |                                      |  |   |  |   |                                  |                |
| 20:00 - 22:00  | ICE BREAKER                          | CAPTURE THE FLAG                                       | DUTCH AUCTION                               | MOVIE NIGHT  | STARLIGHT HIKE                                  | DISCO                            | ALPADIA LOUNGE |
|  | Lights out: 22:30                    |  |   |  |   |                                  |                |

## WEEK 4

13.07-19.07.2025

| SUNDAY   | MONDAY                               | TUESDAY  | WEDNESDAY                        | THURSDAY   | FRIDAY  | SATURDAY                         |                |
|--|--------------------------------------|--|----------------------------------|--|---|----------------------------------|----------------|
| Wake-up 7:00 / Breakfast 7:30  |                                      |  |                                  |  |   |                                  |                |
| 8:30 - 12:30<br><br>ARRIVAL OF NEW STUDENTS<br><br>EXCURSION TO TODTNAU<br><br>OR<br><br>PREMIUM + | CLASSES                              | CLASSES  | CLASSES                          | CLASSES  | CLASSES   | DEPARTURES OR HALF-DAY EXCURSION |                |
|  | CITY TOUR OR ARTS AND SPORTS AT CAMP | SCHLOSSBERG OR ARTS AND SPORTS AT CAMP OR<br>PREMIUM + | AUGUSTINERMUSEUM AND STADTGARTEN | CITY TOUR OR ARTS AND SPORTS AT CAMP OR<br>PREMIUM + | YOGA OR ARTS AND SPORTS AT CAMP OR<br>PREMIUM + |                                  |                |
|  | CLASSES                              | CLASSES  | CLASSES                          | CLASSES  | CLASSES   | EXCURSION TO TIERPARK MUNDENHOF  |                |
| 14:00 - 16:30  | CITY TOUR OR ARTS AND SPORTS AT CAMP | SCHLOSSBERG OR ARTS AND SPORTS AT CAMP OR<br>PREMIUM + | AUGUSTINERMUSEUM AND STADTGARTEN | CITY TOUR OR ARTS AND SPORTS AT CAMP OR<br>PREMIUM + | YOGA OR ARTS AND SPORTS AT CAMP OR<br>PREMIUM + |                                  |                |
| Free Time (Alpadia Lounge or Sortie Libre) 16:30 - 18:00   |                                      |  |                                  |  |   |                                  |                |
| Dinner 18:30 - 19:30   |                                      |  |                                  |  |   |                                  |                |
| 20:00 - 22:00  | ICE BREAKER                          | CAPTURE THE FLAG                                       | DUTCH AUCTION                    | MOVIE NIGHT  | STARLIGHT HIKE                                  | DISCO                            | ALPADIA LOUNGE |
|  | Lights out: 22:30                    |  |                                  |  |   |                                  |                |

"Zig-Zag" class schedule: students are assigned to a "Morning" or "Afternoon" schedule (indicated above with Green and Yellow) during check-in, based on considerations of class size and language level. Students will have to stick with their assigned schedule throughout their stay at camp. Alpadia cannot offer to meet requests regarding which schedule a student will be assigned to.

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## WEEK 5

20.07-26.07.2025

| SUNDAY   | MONDAY                               | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  | SATURDAY                         |                |  |  |  |  |  |
|--|--------------------------------------|--|--|--|---|----------------------------------|----------------|--|--|--|--|--|
| Wake-up 7:00 / Breakfast 7:30  |                                      |  |  |  |   |                                  |                |  |  |  |  |  |
| 8:30 - 12:30<br><br>ARRIVAL OF NEW STUDENTS<br><br>EXCURSION TO TODTNAU<br><br>OR<br><br>PREMIUM + | CLASSES                              | CLASSES  | CLASSES  | CLASSES  | CLASSES   | DEPARTURES OR HALF-DAY EXCURSION |                |  |  |  |  |  |
|  | CITY TOUR OR ARTS AND SPORTS AT CAMP | SCHLOSSBERG OR ARTS AND SPORTS AT CAMP OR<br><br>PREMIUM + | MUSEUM FÜR NATUR UND MENSCH AND BOTANICAL GARDEN | CITY TOUR OR ARTS AND SPORTS AT CAMP OR<br><br>PREMIUM + | YOGA OR ARTS AND SPORTS AT CAMP OR<br><br>PREMIUM + |                                  |                |  |  |  |  |  |
|  | CLASSES                              | CLASSES  | CLASSES  | CLASSES  | CLASSES   | EXCURSION TO STEINWASEN          |                |  |  |  |  |  |
| 14:00 - 16:30<br><br>PREMIUM +   | CITY TOUR OR ARTS AND SPORTS AT CAMP | SCHLOSSBERG OR ARTS AND SPORTS AT CAMP OR<br><br>PREMIUM + | MUSEUM FÜR NATUR UND MENSCH AND BOTANICAL GARDEN | CITY TOUR OR ARTS AND SPORTS AT CAMP OR<br><br>PREMIUM + | YOGA OR ARTS AND SPORTS AT CAMP OR<br><br>PREMIUM + |                                  |                |  |  |  |  |  |
|  | Lunch 12:30 - 13:30                  |  |  |  |   |                                  |                |  |  |  |  |  |
| Free Time (Alpadia Lounge or Sortie Libre) 16:30 - 18:00   |                                      |  |  |  |   |                                  |                |  |  |  |  |  |
| Dinner 18:30 - 19:30   |                                      |  |  |  |   |                                  |                |  |  |  |  |  |
| 20:00 - 22:00  | ICE BREAKER                          | EGG DROP   | CASINO   | MOVIE NIGHT  | STARLIGHT HIKE                                      | DISCO                            | ALPADIA LOUNGE |  |  |  |  |  |
| Lights out: 22:30  |                                      |  |  |  |   |                                  |                |  |  |  |  |  |

## WEEK 6

27.07-02.08.2025

| SUNDAY   | MONDAY                               | TUESDAY  | WEDNESDAY                                   | THURSDAY   | FRIDAY  | SATURDAY                         |                |  |  |  |  |  |
|--|--------------------------------------|--|---|--|---|----------------------------------|----------------|--|--|--|--|--|
| Wake-up 7:00 / Breakfast 7:30  |                                      |  |   |  |   |                                  |                |  |  |  |  |  |
| 8:30 - 12:30<br><br>ARRIVAL OF NEW STUDENTS<br><br>EXCURSION SCHLUCHSEE<br><br>OR<br><br>PREMIUM + | CLASSES                              | CLASSES  | CLASSES                                     | CLASSES  | CLASSES   | DEPARTURES OR HALF-DAY EXCURSION |                |  |  |  |  |  |
|  | CITY TOUR OR ARTS AND SPORTS AT CAMP | SCHLOSSBERG OR ARTS AND SPORTS AT CAMP OR<br><br>PREMIUM + | FREIBURGER MÜNSTER AND MUSEUM OF ARCHEOLOGY | CITY TOUR OR ARTS AND SPORTS AT CAMP OR<br><br>PREMIUM + | YOGA OR ARTS AND SPORTS AT CAMP OR<br><br>PREMIUM + |                                  |                |  |  |  |  |  |
|  | CLASSES                              | CLASSES  | CLASSES                                     | CLASSES  | CLASSES   | EXCURSION TO SCHAUINSLAND        |                |  |  |  |  |  |
| 14:00 - 16:30<br><br>PREMIUM +   | CITY TOUR OR ARTS AND SPORTS AT CAMP | SCHLOSSBERG OR ARTS AND SPORTS AT CAMP OR<br><br>PREMIUM + | FREIBURGER MÜNSTER AND MUSEUM OF ARCHEOLOGY | CITY TOUR OR ARTS AND SPORTS AT CAMP OR<br><br>PREMIUM + | YOGA OR ARTS AND SPORTS AT CAMP OR<br><br>PREMIUM + |                                  |                |  |  |  |  |  |
|  | Lunch 12:30 - 13:30                  |  |   |  |   |                                  |                |  |  |  |  |  |
| Free Time (Alpadia Lounge or Sortie Libre) 16:30 - 18:00   |                                      |  |   |  |   |                                  |                |  |  |  |  |  |
| Dinner 18:30 - 19:30   |                                      |  |   |  |   |                                  |                |  |  |  |  |  |
| 20:00 - 22:00  | ICE BREAKER                          | CAPTURE THE FLAG   | DUTCH AUCTION                               | MOVIE NIGHT  | STARLIGHT HIKE                                      | DISCO                            | ALPADIA LOUNGE |  |  |  |  |  |
| Lights out: 22:30  |                                      |  |   |  |   |                                  |                |  |  |  |  |  |

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## WEEK 7

03.08-09.08.2025

| SUNDAY   | MONDAY   | TUESDAY   | WEDNESDAY                                   | THURSDAY  | FRIDAY   | SATURDAY              |
|--|--|---|---|---|--|-----------------------|
| Wake-up 7:00 / Breakfast 7:30  |  |   |   |   |  |                       |
| 8:30 - 12:30<br>ARRIVAL OF NEW STUDENTS<br>EXCURSION TO TODTNAU<br>OR<br>PREMIUM + | CLASSES<br>CITY TOUR OR ARTS AND SPORTS AT CAMP<br>PREMIUM + | CLASSES<br>SCHLOSSBERG OR ARTS AND SPORTS AT CAMP OR<br>PREMIUM + | CLASSES<br>AUGUSTINERMUSEUM AND STADTGARTEN | CLASSES<br>CITY TOUR OR ARTS AND SPORTS AT CAMP OR<br>PREMIUM + | CLASSES<br>YOGA OR ARTS AND SPORTS AT CAMP OR<br>PREMIUM + | DEPARTURE OF STUDENTS |
| 14:00 - 16:30  | CLASSES<br>CITY TOUR OR ARTS AND SPORTS AT CAMP<br>PREMIUM + | CLASSES<br>SCHLOSSBERG OR ARTS AND SPORTS AT CAMP OR<br>PREMIUM + | CLASSES<br>AUGUSTINERMUSEUM AND STADTGARTEN | CLASSES<br>CITY TOUR OR ARTS AND SPORTS AT CAMP OR<br>PREMIUM + | CLASSES<br>YOGA OR ARTS AND SPORTS AT CAMP OR<br>PREMIUM + | END                   |
| Free Time (Alpadia Lounge or Sortie Libre) 16:30 - 18:00<br>Dinner 18:30 - 19:30   |  |   |   |   |  |                       |
| 20:00 - 22:00<br>ICE BREAKER   | CAPTURE THE FLAG   | DUTCH AUCTION   | MOVIE NIGHT                                 | STARLIGHT HIKE  | DISCO  | END                   |
| Lights out: 22:30  |  |   |   |   |  |                       |

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