

WEEK 1							29.06-05.07.2025
SUNDAY		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Wake-up 7:00 / Breakfast 7:30							
8:30 - 12:30	ARRIVAL AT HOST FAMILY ACCOMMODATION	CLASSES	CLASSES	CLASSES	CLASSES	CLASSES	DEPARTURES OR FULL-DAY EXCURSION
		Lunch 12:30 - 13:30					
14:00 - 16:30		PHOTO CHALLENGE IN MONTREUX OR QUEEN EXPERIENCE OR PREMIUM    	MULTISPORTS OR PREMIUM    	ALPINE ZOO AND SWIMMING POOL	MULTISPORTS OR PREMIUM    	KAYAK OR PEDALO	EXCURSION TO THE CITY FESTIVAL IN LAUSANNE
Free Time (Alpadia Lounge or Sortie Libre) 16:30 - 18:30							
Dinner 18:30 - 19:30							
20:00 - 22:00	EVENING WITH HOST FAMILY	FREE EVENING OR WITH HOST FAMILY	BBQ @ THE BEACH	FREE EVENING WITH HOST FAMILY	PIZZA, FAJITAS OR BURGER PARTY	FREE EVENING OR WITH HOST FAMILY	FREE EVENING OR WITH HOST FAMILY
Lights out: 22:30							

WEEK 2							06.07-12.07.2025
SUNDAY		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Wake-up 7:00 / Breakfast 7:30							
8:30 - 12:30	ARRIVAL OF NEW STUDENTS	CLASSES	CLASSES	CLASSES	CLASSES	CLASSES	DEPARTURES OR FULL-DAY EXCURSION
		Lunch 12:30 - 13:30					
14:00 - 16:30	DAY WITH HOST FAMILY	VISIT OF THE OLD TOWN AND SHOPPING IN VEVY OR PREMIUM    	MULTISPORTS OR PREMIUM    	EXCURSION TO AQUAPARK SUBTROPICAL SWIMMING POOL	MULTISPORTS OR PREMIUM    	EXCURSION TO CHILLON CASTLE	EXCURSION TO CHOCOLATE FACTORY CAILLERS & GRUYÈRES VILLAGE
Free Time (Alpadia Lounge or Sortie Libre) 16:30 - 18:30							
Dinner 18:30 - 19:30							
20:00 - 22:00	EVENING WITH HOST FAMILY	FREE EVENING OR WITH HOST FAMILY	MONTREUX JAZZ FESTIVAL	FREE EVENING WITH HOST FAMILY	PIZZA, FAJITAS OR BURGER PARTY	FREE EVENING OR WITH HOST FAMILY	FREE EVENING OR WITH HOST FAMILY
Lights out: 22:30							

WEEK 3							13.07-19.07.2025
SUNDAY		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Wake-up 7:00 / Breakfast 7:30							
8:30 - 12:30	ARRIVAL OF NEW STUDENTS	CLASSES	CLASSES	CLASSES	CLASSES	CLASSES	DEPARTURES OR FULL-DAY EXCURSION
		Lunch 12:30 - 13:30					
14:00 - 16:30	DAY WITH HOST FAMILY	MULTISPORTS OR PREMIUM    	MULTISPORTS OR PREMIUM    	EXCURSION TO FOOD MUSEUM «ALIMENTARIUM»	MULTISPORTS OR PREMIUM    	KAYAK OR PEDALO	EXCURSION TO GENEVA
Free Time (Alpadia Lounge or Sortie Libre) 16:30 - 18:30							
Dinner 18:30 - 19:30							
20:00 - 22:00	EVENING WITH HOST FAMILY	FREE EVENING OR WITH HOST FAMILY	PIZZA PARTY @ MONTREUX JAZZ FESTIVAL	FREE EVENING WITH HOST FAMILY	PIZZA, FAJITAS OR BURGER PARTY	FREE EVENING OR WITH HOST FAMILY	FREE EVENING OR WITH HOST FAMILY
Lights out: 22:30							

MULTISPORTS: Includes activities such as football, geocatching, leisure swimming in outdoor or tropical pools on excursions, table tennis, badminton, basketball, volleyball, handball, baseball, dodgeball, board games etc.

Times are approximate and may vary from week to week. Free time activities may include doing laundry, studying, contacting family, socialising etc.

Please note that all schedules and activities are subject to change – in the event of force majeure, i.e. in case of bad weather conditions, insufficient number of participants or unavailability of the provider.

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WEEK 4							20.07-26.07.2025
SUNDAY		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:30 - 12:30	ARRIVAL OF NEW STUDENTS DAY WITH HOST FAMILY	Wake-up 7:00 / Breakfast 7:30					DEPARTURES OR FULL-DAY EXCURSION
		CLASSES	CLASSES	CLASSES	CLASSES	CLASSES	
Lunch 12:30 - 13:30					EXCURSION TO CHOCOLATE FACTORY CAILLERS & GRUYÈRES VILLAGE		
PHOTO CHALLENGE IN MONTREUX OR QUEEN EXPERIENCE OR PREMIUM    		MULTISPORTS OR PREMIUM    	ALPINE ZOO AND SWIMMING POOL	MULTISPORTS OR PREMIUM    		KAYAK OR PEDALO	
14:00 - 16:30	Free Time (Alpadia Lounge or Sortie Libre) 16:30 - 18:30						
Dinner 18:30 - 19:30							
20:00 - 22:00	EVENING WITH HOST FAMILY	FREE EVENING OR WITH HOST FAMILY	BBQ @ THE BEACH	FREE EVENING WITH HOST FAMILY	PIZZA, FAJITAS OR BURGER PARTY	FREE EVENING OR WITH HOST FAMILY	FREE EVENING OR WITH HOST FAMILY
	Lights out: 22:30						

WEEK 5							27.07-02.08.2025
SUNDAY		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Wake-up 7:00 / Breakfast 7:30							
8:30 - 12:30	ARRIVAL OF NEW STUDENTS	CLASSES	CLASSES	CLASSES	CLASSES	CLASSES	DEPARTURE OF STUDENTS
		Lunch 12:30 - 13:30					
14:00 - 16:30	DAY WITH HOST FAMILY	VISIT OF THE OLD TOWN AND SHOPPING IN VEVEY OR PREMIUM    	MULTISPORTS OR PREMIUM    	EXCURSION TO AQUAPARK SUBTROPICAL SWIMMING POOL	MULTISPORTS OR PREMIUM    	EXCURSION TO CHILLON CASTLE	END
		Free Time (Alpadia Lounge or Sortie Libre) 16:30 - 18:30					
Dinner 18:30 - 19:30							
20:00 - 22:00	EVENING WITH HOST FAMILY	FREE EVENING OR WITH HOST FAMILY	BBQ @ THE BEACH	FREE EVENING WITH HOST FAMILY	PIZZA, FAJITAS OR BURGER PARTY	FREE EVENING OR WITH HOST FAMILY	END
		Lights out: 22:30					

MULTISPORTS: Includes activities such as football, geocatching, leisure swimming in outdoor or tropical pools on excursions, table tennis, badminton, basketball, volleyball, handball, baseball, dodgeball, board games etc.

Times are approximate and may vary from week to week. Free time activities may include doing laundry, studying, contacting family, socialising etc.

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