



## AMAUTA SPANISH SCHOOL PERU



**AMAUTA Spanish School** offers you the opportunity to study Spanish in Peru, in the fascinating city of Cusco, while immersing yourself into Peruvian culture.

We are based in Cusco, the former capital of the Inca Empire; the name literally means "navel" in the local Quechua language, and it certainly still fits this description today, as it is at the center of Andean culture. It is the gateway city to the Andes from where you can easily visit countless sites such as the famous **Machu Picchu, one of the most fascinating lost cities in the world.**

AMAUTA is located just one block from Cusco's main square, the **Plaza de Armas**. Our beautiful building boasts ten classrooms, a sunny courtyard, a comfortable common room, and an internet café/multi-media room. Our student residence and **Dos Manos Travel Agency** are also conveniently located in this building.

Cusco is nestled in the Peruvian Andes at an altitude of 3,400 meters/10,500 feet. With a population of over 300,000 people, it is a wealth of experiences. You will have plenty of time outside class to explore the city and visit Inca ruins, museums, the cathedral and the old, typical neighborhoods that are actually built on original Inca stone foundations.

Cusco is an eclectic place. While it may well be one of the world's most cosmopolitan cities, it is also an indigenous center with many traditional people coming into the city each day to sell their products and services. There are constantly fiestas and parades with traditionally dressed people as well as a great nightlife with live music, both western and Latino. You can also choose to study Spanish at our other fantastic locations in **Yanahuara** in the Sacred Valley, in **Lima**, Peru's capital city, and in **Tambopata**, the Peruvian Rainforest. Come and experience this exciting country for yourself!

*"AMAUTA was welcoming from the start and I cannot imagine a more spectacular location to study Spanish. The language classes have been challenging and invigorating. It has been great to be able to put my Spanish to use while exploring the city and the surrounding ruins in my free time."*

**Alexandra Langley, United States, student, 26**



# SPANISH LANGUAGE PROGRAM

AMAUTA offers Spanish courses for students of all ages, levels and nationalities. We create customized instruction at the level and pace that best suits you. AMAUTA is known for its **interactive, clear and personal teaching methods**. Standard programs include four hours of private or group instruction per day, Monday through Friday, divided by a half-hour break.

All AMAUTA teachers are native Spanish speakers and professionals who have qualified under the AMAUTA teachers' course. All teachers participate in continuing education during their employment. Our teachers have been chosen because of their excellent teaching skills, their friendly and enthusiastic personas, and their local knowledge of Cusco and Peru. During your course you will spend time with a variety of teachers, enabling you to get the most from a variety of teaching styles.



*"Studying at AMAUTA was a very special experience for me, I was a complete beginner at the start but I found that the style of teaching was excellent and my Spanish now at a level where I can have conversations. The teachers and staff at AMAUTA are all very friendly and enthusiastic; it is like a home away from home!"*  
**Sangeeta Shah, England, accountant, 31**

Students are invited to participate in our wide variety of **free extracurricular and cultural activities**. Enjoy cooking classes, traditional Peruvian music classes, salsa dancing classes, lectures on Peruvian culture and history, and Latin American movies.

All lesson materials are included with your courses; we offer free internet access, and a welcome dinner when you arrive. We also have a student card which gets you discounts and specials at the best restaurants and bars in town. On the Sunday that you arrive we will take you on a walking tour of Cusco to familiarize yourself with the city. Upon finishing the course you will receive a certificate of completion.

**AMAUTA's special courses** include Medical Spanish, Inca Civilization, Spanish for families, a Christmas course, Peruvian cultural workshops and a complete 'total immersion' program. Combine your Spanish studies with adventure activities and excursions such as trekking in the Andes Mountains, visiting Machu Picchu, river rafting and paragliding. We also offer many exciting volunteering opportunities and internships for university students or for professionals wishing to gain work experience in Peru.

**As you can see, studying at AMAUTA is more than just learning the Spanish language!**



## ACCOMMODATION IN PERU

You are welcome to arrange your own lodging in Cusco and simply participate in the language course. However, we recommend partaking in our total package in order to maximize language absorption and therefore we offer three accommodation options within the city of Cusco. For a true immersion experience, you can choose to stay with a local **Peruvian host family** while you study, which is a great way to practice your Spanish language skills and get to know the local Peruvian culture firsthand. You can also stay within our **student residence**, which is located in the same building as the school. This is a great way to meet and spend time with other students. We also have **student apartments** for those staying for longer periods of time, providing you more privacy and space. All options run from Sunday to Saturday, though we are happy to arrange additional days for you as needed. We also recognize special diets such as vegetarian or food allergies.

### Multiple Locations

AMAUTA Spanish School offers you the exceptional opportunity to participate in our program at four different locations in Peru, each highlighting a unique aspect of Peruvian culture: the [beautiful city of Cusco](#); the [historical metropolis Lima](#); the [picturesque Sacred Valley of the Incas](#); and the [impressive rainforest of Tambopata](#). In Sacred Valley and Tambopata, excursions, beautiful accommodations and all meals are included.

#### Cusco

Cusco is a beautiful city and the cultural heart of the Peruvian Andes. It is situated at 3,300 meters above sea level, and is surrounded by dramatic mountains and valleys. Cusco makes the perfect base for exploring the grandeur of the Andes, a wealth of famous Inca ruins and the magical "Lost City" of Machu Picchu. Our school and residence are located right in the center of the city, close to all the nightlife and attractions Cusco has to offer.

*"I feel they did a great job of placing me in the right level of Spanish. The professors are very fun, articulate and patient. The accommodations are immaculate and enjoyable and there is a nice mix of international students at the school. The price is very reasonable and they have a free internet café as well. It is also close to the Plaza de Armas. It has it all!"*

**Ryan Crawford, United States, geologist, 33**

#### Lima

Lima is the capital and largest city of Peru. It is a great metropolis with 8 million people. Lima is home to many historical monuments, museums and archaeological places of interest. The Spanish school in Lima is located in Miraflores, a modern and nice area of Lima, close to many nice cafes, parks, shops and restaurants.

#### Sacred Valley of the Incas

Our school facilities in the Sacred Valley are located at approximately one hour from Cusco, in the heart of the beautiful Valle Sagrado. AMAUTA's Sacred Valley program gives you endless opportunities to combine our language program with exploring and trekking in the surrounding mountains. Here students will enjoy the tranquility and intimacy of traditional Peruvian life.

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## Tambopata

Tambopata National Park is internationally recognized as one of the most bio-diverse areas on earth. We offer you the unique opportunity to study Spanish in the Tambopata region of the Peruvian Amazon, allowing you to experience the wonderful jungle atmosphere. This is an excellent opportunity for those who want to study Spanish, while experiencing the mystical atmosphere of the Peruvian Rainforest.

## Study Spanish in Buenos Aires, Argentina

In addition to our four locations in Peru, AMAUTA also runs a school in the vibrant cosmopolitan city of Buenos Aires! Our school is located in the center of Argentina's capital city, in the charming Barolo Palace, which is perfectly close to many of the famous spots to visit such as the Pink House, the Obelisk and many more.

The city life awaits you, with nice shops, restaurants and pubs in abundance. The perfect setting to study Spanish in Buenos Aires before or after your Spanish course in Cusco!

AMAUTA Buenos Aires offers daily activities such as tango lessons and visits to the different neighborhoods of Buenos Aires such as Recoleta and Palermo. We also offer the opportunity to do volunteer work and internships. Accommodation options include family homestay and student accommodation.

Want to combine your Spanish studies at both schools? You pay only ONE Registration Fee and get 5 % discount on course prices at both schools!

Check out our Website for further information.



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## VOLUNTEER WORK & INTERNSHIP PROGRAMS

**AMAUTA's volunteer work program** provides the unique opportunity to live and work in Peru while volunteering your time to a local charity project that needs your help. You will experience first-hand Peru's rich cultural diversity while developing a superior level of Spanish proficiency.

AMAUTA works with many social projects in and around Cusco, such as orphanages, schools, hospitals, and projects for street children. There are also possibilities to do non-social volunteer work or to do your internship, for example in the tourist industry, the medical field or in cultural organizations. Our **internship program** is especially designed for students and recent graduates who are looking for an interesting work experience abroad. This is a great opportunity to broaden your horizon and practice your language skills!



AMAUTA will organize the volunteer or internship placement for you and take care of all the arrangements in terms of information and level of Spanish. We will also organize your accommodation (either with a guest family or in the student's residence) and volunteers and interns are welcome to participate in our free student activities and use our internet café.

*"Me gusta mucho. Esta escuela es la mejor que he asistido en cualquiera país. Otra vez, gracias para todo. Todos hacen un gran trabajo!"*  
**Heather Fuhrer, United States, teacher, 26**

AMAUTA's professional support will be the key to the success of your working period in Peru. Our Volunteer Coordinator will always try to make the perfect match between the volunteer and the project. Upon arrival in Cusco, participants receive an information package as well as an introduction to the differences and social hierarchy of Peruvian society. During the placements, weekly volunteer meetings as well as personal interviews with the volunteer coordinator enable volunteers to talk about their experiences and raise any concerns.

Our **AMAUTA blog** offers **testimonies, travel tips and volunteer experiences** on Cusco and Buenos Aires.



## TOURS IN CUSCO AND PERU

Peru and its neighbors hold a wealth of amazing sites that you'll surely want to see during your stay, and we can provide the guidance and experience to design an unforgettable trip! **AMAUTA runs its very own travel agency, DOS MANOS PERU, conveniently located within our school building.** Whether you would like to plan ahead your trip through Peru, make sure you won't miss out on the Inca Trail, or get professional advice on not-to-be-missed destinations, we are happy to help you. And: **AMAUTA students receive a 5% discount on all trips and tours!**

*"AMAUTA is a great school with a lot of options...You can take a week and go to the Sacred Valley or to the jungle. There are also activities at the school like music and cooking classes. The teachers speak Spanish very clearly and you will understand it well and quickly. Cusco is also a wonderful place to be for a while."*  
**Kirsten Van Der Zee, Holland, teacher, 24**

Dos Manos Peru organizes all kinds of excursions for you, makes the arrangements for a comfortable accommodation, buys your bus, train or plane tickets and assists you in reconfirming flights. Exciting excursion options include paragliding, river rafting, a visit to Machu Picchu, touring the Sacred Valley, as well as trips to Lima, Arequipa, Lake Titicaca, Puno and La Paz. **DosManosTravel Agency is an official operator of the traditional Inca Trail**, and we also run many other trekking options such as Salkantay and the Inca Jungle trek.

Below you will find a listing of **some of the many tours** we offer. For further information, please check out [our website](#) or request more details from your contact at AMAUTA. You can conveniently make your travel arrangements with the same person who also books your Spanish program!

### Adventure Tours

Dos Manos offers every imaginable adrenaline filled sport and activity in and around Cusco! Options include an exciting rafting adventure on the Urubamba River; a mountain bike tour through Andean landscapes; an awesome paragliding experience above the Sacred Valley of the Incas; and a beautiful horseback ride. Many of these adventure tours are combined with visits to interesting archaeological sites such as Sacsayhuamán or Q'enko. Options vary from one-day to several day tours and are available for different levels of expertise.

**A full list of our adventurous tours in Cusco can be found [on our Website](#).**

### Machu Picchu by train

Travel to the amazing Machu Picchu in the traditional way: by train. You can choose between the Backpacker Train, the Vistadome Train and the Hiram Bingham Train; each suited for a different budget and a different travel experience. Upon arrival you will enjoy a two-hour guided tour and then have two more hours to explore the impressive ruins individually.

**Check out our blog on travelling by train to Machu Picchu [here](#).**

## Inca Trail

The Inca Trail is the most popular hike in Peru and is known for its stunning views of snowcapped mountains and the cloud forest, amazing Inca Ruins and unique flora and fauna along the way. The four-day trek includes a visit to the Inca citadel Machu Picchu on the last day - the reward at the end of a challenging and exhilarating route.

**Read this detailed [trip report on the Inca Trail](#) from one of our students on our travel blog!**

### INCA TRAIL BOOKING ADVICE

*Don't miss out on your chance to walk the best known trek of Peru to the "Lost city of the Incas"!*

*Book the Inca Trail 3 to 4 months in advance through DOS MANOS to avoid disappointment.*



## Salkantay Trek to Machu Picchu

The Salkantay Trek is a magnificent wilderness alternative for travelers who wish to escape the more congested trekking routes or for those who are looking for an alternative if the traditional Inca Trail has no spaces available. This five day trek ends with a visit to Machu Picchu, the climax of an exhilarating hike through mountains and subtropical forest.

**Read this blog entry with a [full report on the Salkantay Trek](#)!**

## Lares Trek

This four-day trek often gets the highest praise from our past travelers due to incredibly beautiful scenery in the Lares Valley and the visit to traditional Andean villages. Along the way, hikers get to feel one with nature and get up and close with herds of llamas. From Ollantaytambo we take the train to Aguas Calientes and then catch the bus up to the Sanctuary of Machu Picchu.

**The complete itinerary of this beautiful hike can be found [on the Website](#).**

## Puno and Lake Titicaca

A perfect weekend excursion from Cusco, this three-day trip offers you the possibility to experience Lake Titicaca, the highest navigable lake in the world. You will travel to Puno by bus from Cusco and from there visit the floating islands where men and nature live in perfect harmony. This trip assures an amazing cultural experience and offers a unique insight in the Andean folklore and culture, as you will spend one night with an indigenous family!

**Read [Mark's trip report](#) of this beautiful excursion on our travel blog!**

## Arequipa

Arequipa is a popular tourist destination in Peru because of the beautiful mountains surrounding the city, including the volcano El Misti. The white city has many beautiful Catholic churches and colonial houses and was declared a Human Heritage site by UNESCO. Enjoy a long weekend in Arequipa after your Spanish course, or combine your trip with a visit to Puno before heading back to Lima.

**Get inspired by reading [Yvette's blog](#) on Arequipa!**

Ica

Especially amongst adventurous and sportive tourists, Ica has become a popular destination. Possibilities include sandboarding in the desert, a buggy-tour through the sand dunes or a boat tour on Lake Huacachina.

Check out [Sade’s trip report on sandboarding in the Peruvian desert!](#)

### Dos Manos Latin America Travel

Are you planning on exploring the Latin American continent further after your Spanish program in Peru? Dos Manos Latin America Travel – the *sister company of Dos Manos Peru* – is happy to help you with your travel arrangements!

Our trips and tours in Latin America include all the highlights, such as the Galapagos Islands in Ecuador and Iguazu Falls in Argentina, but we can arrange customized tours ‘off the beaten trek’ as well. In case you would like to take further Spanish classes or perhaps spend some time living in Latin America, while working for a volunteer project or doing an internship, we can help you to find a suitable program in the country of your choice!

*Whatever travel plans you may have in Latin America, let Dos Manos organize your program with the usual professionalism and customer care for which we are known. **Dos Manos Travel is your Latin America specialist!***



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## FURTHER INFORMATION

### Lima Pickup Package

We want your start in Peru to be safe and enjoyable. For your convenience, AMAUTA offers a [Lima pickup package](#). Our Lima agent will pick you up from the airport, transfer you to a quality hotel and bring you back to the airport the next day for your Cusco flight. We can arrange extra days in Lima if you'd like to enjoy the sites and we can arrange your local flights as well.

### Prices & Reservations

Details about pricing and reservations are available on our website, or feel free to contact us for a customized quote. Conveniently register through the website by filling in [our online enrollment form](#), or request our booking form which you can return to us via email or fax.

*"I would recommend AMAUTA because it is very easy to meet many other nice students from all over the world. When you have a question or a problem just go to the office and you get help. During the week the school offers many interesting things like the salsa class or the movie evening. I really enjoyed my time at AMAUTA."*

**Jan Kossuch, Germany, student, 20**

### Free Online Meeting with AMAUTA Staff

AMAUTA invites all students between 1 – 3 weeks before the start of their Spanish course with us in Cusco, to assist a FREE Online meeting with an AMAUTA staff member. In this Pre-departure Webinar we will provide you with some extra information about your program at AMAUTA Cusco, such as: what to pack for your trip to Peru, what the Lima Package entails, what you can expect upon arrival in Cusco, and how the first days in Cusco at AMAUTA will be. A perfect way to prepare yourself for your trip, and an excellent opportunity to ask some last-minute questions to our staff!



## APPENDIX: COURSES OFFERED

- **Group Spanish Course**
  - Study Spanish for 4 hours daily with a small group of other students
- **Individual Spanish Course**
  - Study Spanish for 2 or 4 hours daily with individual instruction
- **Best of Both**
  - Combine group and individual instruction, spending 4 hours daily in a group, and a further 1 or 2 hours with a private tutor
- **Spanish in the Sacred Valley of the Incas**
  - Study Spanish in the tranquility of the Sacred Valley where you will be free to explore and trek around the beautiful surrounding valleys
- **Spanish in Tambopata, the Peruvian Rainforest**
  - Study Spanish in this divine location, one of the world's most amazing rainforests. Experience this green paradise and the wildlife spectacle.
- **Total Immersion Package**
  - Guarantee success in a minimal period of time with this full package including 5 hours of individual tuition each morning, followed by special, practical afternoon visits to local places of interest
- **Medical Spanish**
  - This program is specially designed for doctors, nurses and other health professionals and focuses on medical terminology to prepare you for communicating and practicing in Latin America
- **Spanish for 55+**
  - This program is specifically tailored to the needs and interests of older people, which tend to differ to those of younger people. Learn Spanish with other people at a similar life stage
- **Spanish for University Students**
  - Study Spanish in combination with Latin American history and Literature, while at the same time gaining university credits
- **Spanish & DELE**
  - By combining group classes with individual DELE-preparation classes, AMAUTA will help you prepare for the internationally recognized qualification exam for the Spanish language
- **Spanish & TEFL**
  - Study Spanish and obtain an accredited TEFL/ TESOL. With this qualification you can teach English anywhere in the world.

- **Spanish for Families**
  - Custom designed program to incorporate the whole family, including excursions and trips around Cusco for everyone
- **Spanish for Kids & Teens**
  - Specially designed classes for children of varying ages, designed to educate and entertain while learning and having fun
- **Teen Spanish & Activities Camp**
  - An exciting and full on camp for teenagers incorporating daily Spanish study with many other exciting activities.
  - Choose between our camp in the Sacred Valley and our camp in the Peruvian Rainforest.
- **Inca Civilization Course**
  - Study the origins of Peruvian culture and learn about this fascinating civilization
- **Christmas Course**
  - Experience the celebration of Christmas in another culture, learn the myths and beliefs of the Andean people, experience the chocolate and spend Christmas with a Peruvian family
- **Quechua Course**
  - Learn the original language of the Inca people, still widely used in Cusco and surrounding areas
- **Peruvian Cultural Workshop**
  - Learn more about Peruvian culture while studying Spanish with interactive cultural courses focused on weaving, traditional Peruvian music or dance, or Peruvian cuisine
- **Spanish & Excursions**
  - Combine your Spanish study with exciting tours and excursions around Cusco such as visiting ruins and local places of interest, rafting, tours around the city, visiting local villages, jungle tours and visiting beautiful Lake Titicaca
- **Spanish & Adventure**
  - Combine your Spanish study with mastering extreme outdoor sports – your choice of paragliding, white water rafting or rock climbing
- **Machu Picchu with your Spanish Teacher**
  - Take a weekend guided tour to Machu Picchu to explore this fascinating lost city while practicing your Spanish with your favorite teacher
- **Spanish & Trekking**
  - After one week of Spanish group classes, head off into the fabulous Andes Mountains, and enjoy the beautiful Salkantay Trek including a visit to Machu Picchu.
- **Spanish & Spirituality**
  - Study Spanish in the tranquil Sacred Valley while learning more about yourself through meditation and ceremonial activities and rituals, and then enjoy a spiritual hike through the Sacred Andes mountains
- **Spanish & Yoga**
  - Combine Spanish studies in Cusco and the Sacred Valley with a relaxing yoga course in some of the most spiritual and mystical locations on earth, balancing your mind, body and spirit.
- **Spanish & Volunteering**
  - Contribute to Peruvian society by volunteering your time to local charity projects; you will experience working and living in Peru while developing a superior level of Spanish proficiency
- **All in One – Spanish, Excursions & Volunteering**
  - A three week program incorporating the best of all – two weeks studying Spanish in both Cusco and in the Sacred Valley while enjoying excursions to local places of interest, followed by a week of volunteering with a local charity project of your choice

*Whatever your personal needs and interests, we can tailor a wonderful program for you to get the most out of your time in Peru – just talk to us!*

#### Disclaimer

All descriptions provided are for the guidance and information of clients participating in our programs. Although AMAUTA tries to ensure the accuracy of this information at all times, AMAUTA cannot be held responsible if certain aspects of the program descriptions are inaccurate or incomplete, and/or if the actual programs differ from the descriptions. All prices are subject to change.

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