## **ROYAL HOSPITAL SCHOOL** Residential





	MORNING		AFTERNOON		EVENING
Sunday	WELCOME TO ARDMORE				
Monday	Lessons		Cricket	Splash	Welcome Icebreaker Games
Tuesday	Lessons		Talent show preparation	Ultimate Frisbee	Blind Date
Wednesday	Full Day Excursion to Cambridge, Punting and Universities Walking Tour			Talent Show	
Thursday	Lessons		Wii Dance	Clay Creation	Casino Night
Friday	Lessons		Reservoir Walk (walking)		Disco
Saturday			Colchester		Sports Tournament
Sunday	Sports and L	eisure Activities. Excurs	on Campus / Optional Extra sions		Movie Night
Monday	Capture the Flag	Handball	Less	sons	Capture the Flag
Tuesday	Graffiti Workshop	Bench Ball	Less	sons	Quiz Night
Wednesday	Bury St Edmunds including Abbey Gardens		Lessons		Karaoke
Thursday	Scavenger Dodgeball		Lessons		Rounders
Friday	Estuary Walk <i>(walking)</i>		Exit Test		Disco
Saturday	Full Day Excursion to London, Thames River Cruise and Westminster Walking Tour  Late return meal voucher provided				
Sunday	GOODBYE ARDMORE				

## **ENGLISH LESSONS:**

15 hours per week (3 hours per day, 5 days per week); maybe morning or afternoon.

## **SPORTS / ACTIVITIES AND PROJECT WORK:**

Football, tennis, basketball, baseball, volleyball, arts & crafts, etc; maybe morning or afternoon.

## **EXCURSIONS**

One half day and one full day excursion per week.

SAMPLE PROGRAMME:ROYAL HOSPITAL SCHOOL



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<sup>\*</sup> The Programme may vary due to operational reasons