

OUR COMBINED COURSES



FRENCH & SURF

French courses 20 lessons / week.

- Lessons from Monday to Friday. Every morning from 9.30 am to 12.30 pm.

Surf lessons :

90 minutes every afternoon, 5 days a week.

Learn with fully qualified surf instructors.

Times and meeting places vary depending on tide times and weather conditions.

Boards and wetsuits provided.

Great waves and natural beauty :

Biarritz is renown throughtout the surfing world for its good waves and natural beauty.

The instructors :

The surf instructors teach all levels and will help you improve throughtout your stay.

The water temperature is usually above 20° .



OUR COMBINED COURSES

FRENCH & GOLF

French courses 20 lessons / week.

- Lessons from Monday to Friday. Every morning from 9.30 am to 12.30pm.

Golf :

2 hours in the afternoon, 3 days a week.

Sessions supervised by qualified golf instructor.

Equipment provided.

FRENCH & THALASSOTHERAPY

French courses 20 lessons / week.

- Lessons from Monday to Friday. Every morning from 9.30 am to 12.30pm.

Thalassotherapy :

Individual hydrotherapy treatment

Access to the fitness area

Various water activities

Hotel Sofitel LE MIRAMAR *****