

# SPORT, SOCIAL AND CULTURAL ACTIVITIES

In order to make your stay unforgettable and turn any situation into a French learning opportunity, BLCI offers you a wide range of leisure and cultural activities. This allows you to discover our beautiful region and its customs in the most pleasant way.  
We suggest you a different programme each Monday, here is a to-do list during your stay at BLCI.

## Sport activities :

All the activities are accompanied by qualified professionals and the equipment is provided.  
For the events which are held outside Biarritz, transport fees are included in the price.  
Please note that a minimum number of participants might be required so that the activity can take place.

### SURF

Place : On the well-known Plage des Basques in Biarritz  
Programme : Classes for beginners or experienced surfers.  
Time : 1h30  
Minimum number of participants : 1  
Price : 35 €

### GOLF

Place : Ilbarritz Gofl Training Centre in Biarritz, well renowned for its, unique in Europe, exceptional location - [www.golfilbarritz.com](http://www.golfilbarritz.com)  
Programme : One course for beginner or experienced golfer  
Time : 2h  
Minimum number of participants : 1  
Price : 80 €

### RAFTING

Place : Itxassou (30 mn bus ride from Biarritz)  
Programme : Enjoy rafting down the river in a playful atmosphere, in a natural and preserved site. You will be immersed in the heart of nature.  
Time : 3h including transport  
Minimum number of participants : 5  
Price : 30 €

### BASQUE PELOTA

Place : Biarritz.  
Programme : An initiation to this traditional Basque sport which is played in a trinquet, with a ball against a wall unsing one’s hand or a basket.  
Time : 2h  
Minimum number of participants : 5  
Price : 20 €

### Sea Kayaking

Place : Saint Jean de Luz (20 mn bus ride from Biarritz)  
Programme : Set off aboard a kayak and discover the beautiful Basque coast during a wild hiking between the Merdans Bay and Saint Jean de Luz.  
Time : 3h including transport  
Minimum number of participants : 5  
Price : 30 €

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**Hiking**

Place : In the Basque Mountains (30 mn bus ride from Biarritz)  
Programme : Enjoy hiking in the emerald Basque mountains and discover gorgeous landscapes and the captivating history of the Basque country.  
Time : 4h including transport  
Minimum number of participants : 5  
Price : 30 €

**Cultural and social activities**

For the events which are held outside Biarritz, transport fees are included in the price.  
Please note that a minimum number of participants might be required so that the activity can take place.

**Guided tour of Saint Jean de Luz**

Place : Saint Jean de Luz (20 mn bus ride from Biarritz)  
Programme : Come to discover this lovely, traditional fishing port. Guided tour + free time  
Time : Half day (transport, visit and free time)  
Minimum number of participants : 8  
Price : 25 €

**The prehistoric caves of Sare : [http://grottesdesare.fr/en/accueil\\_en.php](http://grottesdesare.fr/en/accueil_en.php)**

Place : Sare (20 mn bus ride from Biarritz)  
Programme : Third most visited site in the Basque country. A one hour guided tour with sound and light show and the discovery of a typical Basque village.  
Time : Half day (transport, visit and free time)  
Minimum number of participants : 8  
Price : 25 €

**Villa Arnaga : <http://www.arnaga.com>**

Place : Cambo les bains (30 mn bus ride from Biarritz)  
Programme : Guided tour of the Villa Arnaga and its beautiful gardens. This amazing place was the residence of the French poet Edmond Rostand, who imagined and built it in the 19<sup>th</sup> century.  
Time : Half day (transport, visit and free time)  
Minimum number of participants : 8  
Price : 25 €

**Cooking classes**

Place : Rue d’Espagne in Biarritz  
Programme : A recreational cooking class where you will enjoy how to fix unique Basque dishes with a professional Chef.  
Time  
Minimum number of participants : 4  
Price : 40 €

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**Every 2 Thursday, Aperitif at school**

Place : BLCI  
Programme : Share an experience of openness and conviviality. Each participant brings something to drink and to eat.  
Time : 7.30 pm – 10 p.m  
Minimum number of participants : 5  
Price : free

Specific tailor made programmes for groups (minimum 8) on request, please get in touch with us right by your booking.

**Guided tour of Biarritz**

Place : Biarritz.  
Time : 2 hours  
Price : free

**Traditional Basque house in Ustaritz + visit of a chocolate factory and museum in Cambo les bains.**

Programme  
Traditional house (15 mn bus ride from Biarritz) [www.lamaisonlabourdine.com](http://www.lamaisonlabourdine.com)  
A one-hour visit to discover this traditional 17th century « Maison Labourdine »  
Time:1h  
Chocolate factory and museum in Cambo-les-bains (15 mn bus ride from the Labourdine House)  
<http://chocolats-puyodebat.com/content/21-le-musee-puyodebat>  
Time : 1h30 tour of the factory and chocolate tasting  
Price according to the number of participants

**Museum of the sea : [www.aquariumbiarritz.com](http://www.aquariumbiarritz.com)**

Place : Biarritz  
Time : 2h30  
Price according to the number of participants

**Cité de l’océan : [www.citedelocean.com](http://www.citedelocean.com)**

Place : Biarritz  
Time : 2h30  
Price according to the number of participants

**Orienteering course in the forest**


Place : Anglet  
Acces : Bus de ville (15 mn)  
Programme : In a secure environment, enjoy an incredible day of races with maps and compass through forest and natural spaces in team of 2.  
Time : afternoon  
Price according to the number of participants


**Beach volley tournament**


Place : Anglet  
Acces : 10 city bus trip  
Time : afternoon  
Price according to the number of participants


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Day trips or week-ends in towns and famous places around Biarritz

- Bordeaux, 2h bus trip to Biarritz
- San Sébastien (Spain), 45 mn bus trip from Biarritz
- Lourdes, 2h30 bus trip from Biarritz

Price according to the number of participants

There are many others possibles visits and excursions available, please don’t hesitate to ask us if you wish to visit a specific place. We will be happy to assist you and organize a tailor-made programme.

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