

CORAZÓN CUBA

LEARN SPANISH, CULTURE & VOLUNTEER



PROGRAM 3

LEARN SPANISH & DANCE 1 or 2 WEEKS

One or two weeks combining Spanish language tuition and dance lessons delivered by professional instructors and supplemented by cultural immersion and orientation. This program can be taken in either Old Havana OR Trinidad or combined to make a two, three or four week program.

Building on the success and popularity of our 4 week Learn Spanish, Dance & Culture program (see above) we have developed a program that can be enjoyed in either HAVANA and/or TRINIDAD. The format and price is the same for either location and can be combined into a 4 week program for those who wish to spend 2 weeks in Havana followed by 2 weeks in Trinidad.

This program features Spanish language tuition and dance lessons delivered by professional instructors. Cuba is the most musical nation on the planet and where there is music... there is dance! After breakfast you enjoy Spanish language tuition and then in the afternoon we hit the dance school.



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PROGRAM DESCRIPTION

We have selected Havana and Trinidad as the destinations for this program – see BACKGROUND NOTES below. Both destinations are bursting with atmosphere and vibrancy, they are culturally rich and tell the story of Cuba's colonial era wealth and importance. Both have a rich musical and dance heritage and boast a fantastic nightlife.

Spanish Lessons

Each morning Monday to Friday from 09:00-11:45 you receive 3* x 45 minute intensive structured Spanish lessons (each lesson is followed by a 15 minute break). Tuition is delivered by an accredited and licensed Cuban teacher. On the first morning there is a short test to establish your level and requirements - we cater for beginner, intermediate and advanced.

** In Trinidad you receive 2 x 45 minute lessons each morning Monday to Friday from 09:00-10:45.*

Dance Classes

Each afternoon Monday to Friday, usually from 14:00-15:00, you receive a structured private dance class (teacher student ratio 1:1). You are taken through your paces – lessons feature Salsa but depending your progress you may also be introduced to Son, Rueda de Casino, Mambo, Cha Cha Cha, and Rumba and perhaps a few moves you haven't heard of... (Trinidad is the home of Salsa 'Casino'). The lessons are delivered a short walk from your Casa by a licensed dance instructor, and in the evenings there are MANY free live music venues where you can do your homework!

Right : Men and women are separated into different classes so each can concentrate on their own footsteps!



There are many activities and excursions to occupy your free time. Your host at the Casa will advise you, and we list some of these in the section 'Excursions' below.

Welcome Camino

On your first day in Havana or Trinidad you are taken on a short walking tour – usually within 24 hours of your arrival – to familiarize you with your new surroundings and to give you a flavor of the opportunities to enjoy your free time in these exciting locations.

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In Trinidad you are treated to talks in Spanish by your host Alex on the 'Origins of Cuban Dance & Music'. This is a pretty extensive subject on which Alex is both knowledgeable and passionate. Trinidad is home to Afro Cuban music and culture but you will discover that most musical genres the world over contain elements that can be traced to Cuba.

PRICES

Cost of 1 week program * USD 420 / EURO 380

Cost of 2 week program * USD 800 / EURO 725

* price includes accommodation (shared room), breakfast, 15 hours intensive Spanish lessons per week (10 weekly in Trinidad), 5 professional dance lessons per week, welcome meeting, orientation and cultural immersion.

Cost of extra night – accommodation & breakfast USD 35

Airport transfer (Havana) – USD 35 each way

Bus transfer (from Havana to Trinidad) – USD 35 each way

WHAT'S INCLUDED

Welcome meeting & orientation upon arrival and welcome camino on first day.

Each morning Monday to Friday from 09:00-11:45 you receive 3 x 45 minute intensive structured Spanish lessons (each lesson is followed by a 15 minute break) (see note for Trinidad).

Each afternoon usually Monday to Friday from 14:00-15:00 you receive intensive structured dance classes.

Accommodation Sunday to Sunday (7 nights) in a shared room with breakfast included (plus lunch if staying in Havana).

WHAT'S NOT INCLUDED

Bus transfer to Trinidad – there are several options regarding travel from Havana to Trinidad. The distance is 330km and journey time by bus approximately 4 ½ hours. We advise on these options when you are in country and you can pay for this service locally. If you are flying into Havana mid afternoon or later and need to overnight Havana before continuing your journey to Trinidad we can arrange airport transfer and accommodation in Havana (see prices above).

Single Room Supplement – subject to availability, a single room will be made available on request, for a daily supplement of USD 10 per night.

Lunch and Dinner – there is a restaurant boom going on in Cuba with Paladares and Peso Café's opening to visitors for the first time. Cuban's and long term travelers on a budget are the target market, so there are lots of characterful, good value eateries to choose from.


OPTIONAL EXTRAS


In both Havana and Trinidad there is the possibility to enjoy guided trips and activities during weekends and free time. For example, while in Havana you may wish to take an overnight trip to Viñales to learn about the art of cigar rolling and there are many refreshing waterfalls to be enjoyed in the hills surrounding Trinidad. Your host will be happy to explain all these options to you when you are in country.


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