



# EC Escapes

EXPERIENCES, LANGUAGE & CULTURE



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# Are you a mature explorer, a culture enthusiast or a lifelong learner?

EC Escapes is your ideal destination if you're eager to learn English in an exciting, enriching environment.


EC Escapes offers a unique English learning experience, designed especially for mature individuals looking to connect with the world through experiences, language and culture. Our programme is a perfect blend of English classes and the opportunity to experience the local culture, traditions, and history.

## Malta

Malta is a rich tapestry of history, culture, and breathtaking landscapes, an ideal travel destination for mature learners seeking a culturally enriching holiday. The Mediterranean gem offers an unparalleled blend of ancient architecture, vibrant traditions, and serene natural beauty. From UNESCO Heritage historical sites to its warm, welcoming people, Malta's unique charm and fascinating past make it the perfect backdrop for a fulfilling and educational travel experience all while enjoying the leisurely pace and sophisticated ambiance that mature travelers appreciate.

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# Course overview



## Improve your English

Our English course is expertly crafted to help you speak confidently in everyday situations while travelling. Our dedicated and highly trained teachers create a comfortable and engaging learning environment. We understand that your primary goal is to communicate effectively, and we're here to support you every step of the way.

## Social Activities

At EC Escapes, we believe that learning English should be as enjoyable as it is educational. That's why we offer an exciting mix of indoor and outdoor activities to ensure you have an unforgettable experience.

## Concierge service



We understand that every traveller is unique and that's why we provide you with a dedicated concierge at each school. They are available to ensure your journey with us is smooth, memorable and tailored to your specific needs. The EC Escapes dedicated concierge can book experiences and tickets for events outside of the programme and in line with your interests and are on hand during lesson time and excursions to guide you and answer any questions you may have.

## Course Package

20 General English lessons  
4 Weekly Activities  
(2-week bookings get 1 extra full day activity)  
Concierge Service  
Transport to and from activities  
Course Materials

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## Programme Dates 2026:

4 May - 15 May

1 June - 12 June

28 September - 9 October

26 October - 6 November

## Included in every package

Guided tours

Leisurely walks

Visits to landmarks

Social and dining activities

Culinary adventures

# Sample Timetable EC Escapes Malta 2026

WEEK 1							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning		General English		General English			Gozo Tour (lunch included)
Afternoon	General English	Valletta Tour & Grand Master's Palace	General English	Temple and Catacombs	General English		
Evening	Maltese Dinner		Mosta Dome & Maltese Snacks				

WEEK 2							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning		General English		General English			
Afternoon	General English	Three Cities & Inquisitor's Palace	General English	Mdina Tour & Cake	General English		
Evening	Valletta Waterfront Dinner		The Farsons Brewery Experience & The Cisk Tap				

**\*The above is subject to change at the discretion of EC Malta**

Recommended programme duration is 2 weeks; thereafter, the schedule repeats

Weekend activity only available for every 2 week bookings


Lesson times will be as follows:


- Morning Class: 9:00 - 12:15
- Afternoon Class: 14:45 - 18:00

The above timetable serves as an indication for the Cultural Activity start times. Please refer to the following Activity descriptions for more accurate timings.

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# EC Escapes Malta



Our thoughtfully selected activities are chosen for their cultural significance, allowing you to discover the rich heritage, stunning landscapes, and unique traditions of Malta. Each activity is guided by our knowledgeable and friendly EC leaders accompanied by licensed tour guides, ensuring you have a pleasurable and enriching experience.

## Cultural Activities

- Welcome Dinner
- Three Cities & Inquisitor's Palace
- Temple and Catacombs
- Mdina Tour & Cake
- Mosta Dome & Maltese Snacks
- Gozo Tour with Lunch
- The Farsons Brewery Experience & The Cisk Tap
- Valletta & Grand Master's Palace
- Farewell Dinner



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# Maltese Dinner



Duration:  
**approx. 4 hours**

Meeting Point:  
**EC Malta School**

Meeting Time:  
**8:00 PM**


Kick off your EC Escapes adventure with a warm and welcoming evening designed to help you settle in and make new friends. EC's activity leader will be on hand to facilitate introductions and provide an overview of the exciting experiences awaiting you. Enjoy a selection of delicious Maltese food and drinks, and start building connections with fellow travellers. This event is all about relaxing, socialising, and getting comfortable in your new surroundings. Private return transport by coach from and to school ensures a hassle-free experience.

## In a snapshot:

- Warm welcome with Maltese food and drinks
- Meet and connect with fellow travelers
- Overview of upcoming experiences by EC's activity leader
- Private return transport by coach

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# Three Cities & Inquisitor's Palace

Duration:  
**approx. 4 hours**

Meeting Point:  
**EC Malta School**

Meeting Time:  
**1:00 PM**

Step back in time with a guided tour through the historic Three Cities of Vittoriosa, Senglea, and Cospicua. Led by EC's licensed tour guide, you'll explore the rich maritime heritage and stunning architecture of these ancient towns, including a visit to the impressive Inquisitor's Palace. Did you know that the Inquisitor's Palace is one of the few surviving palaces of its kind in Europe and was originally built in the 1530s? Wander through charming streets, learn about Malta's storied past, and take in panoramic views of the Grand Harbour. This immersive experience offers a unique glimpse into Malta's fascinating history. Private return transport by coach from and to school ensures comfort and convenience.

## In a snapshot:

Guided tour of Vittoriosa, Senglea, and Cospicua

Visit the historic Inquisitor's Palace


Panoramic views of the Grand Harbour

Private return transport by coach



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# Temple and Catacombs



Duration:  
**approx. 4 hours**

Meeting Point:  
**EC Malta School**

Meeting Time:  
**1:00 PM**

Step back in time on a fascinating journey through Malta's ancient past. Accompanied by EC's licensed tour guide, you'll explore two of the island's most remarkable historic sites: the prehistoric temples of Ħaġar Qim and the mysterious underground St. Paul's Catacombs.

Discover how these sites reveal Malta's deep cultural and spiritual roots—from the megalithic temples that predate the pyramids to the catacombs that once served as early Christian burial grounds.

Private return coach transport to and from the school ensures a comfortable and seamless experience throughout your day of discovery.

## In a snapshot:

Explore the megalithic temple complex of Ħaġar Qim (3600–3200 BC)


Visit the ancient St. Paul's Catacombs in Rabat

Learn from an expert licensed tour guide

Private return transport by coach

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# Mdina Tour & Cake

Duration:  
**approx. 4 hours**

Meeting Point:  
**EC Malta School**

Meeting Time:  
**1:00 PM**

Stroll through the silent city of Mdina, renowned for its medieval charm and fascinating history. This guided tour reveals the city's rich past as you walk through its narrow, winding streets and admire its stunning architecture. Mdina, once the island's capital, is known as the "Silent City" due to its peaceful and timeless atmosphere. The day will also include a stop at a local tea garden in Mdina for tea and cakes. Private return transport by coach from and to school ensures a smooth and enjoyable experience.



## In a snapshot:

Guided tour through the medieval city of Mdina  
Insight into Mdina's rich history and architecture  
Scenic views from the city's bastions  
Enjoy a delicious cake at a tea garden in Mdina



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# Mosta Dome & Maltese Snacks

Duration:  
**approx. 4 hours**

Meeting Point:  
**EC Malta School**



Meeting Time:  
**1:00 PM**

Join EC's activity leader for an intriguing visit to the Mosta Dome, one of the largest unsupported domes in the world, and delve into the history of the World War II shelter located nearby. The Mosta Dome, also known as the Rotunda of Mosta, is renowned for its impressive architecture and miraculous survival during a wartime bombing raid. This tour offers a fascinating glimpse into Malta's resilience and architectural ingenuity. Following the exploration, indulge in an introduction to traditional Maltese snacks, providing a taste of the local culinary delights. Private return transport by coach from and to school ensures a comfortable and enjoyable experience.



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# Gozo Tour with Lunch



Duration:  
**approx. 8 hours**

Meeting Point:  
**EC Malta School**

Meeting Time:  
**9:00 AM**


Discover the scenic beauty and unique charm of Gozo, Malta's serene sister island, on a guided visit that immerses you in its rich history and breathtaking landscapes. The tour takes you to some of the island's most iconic attractions, including the majestic Citadel in Victoria, the picturesque bay of Xlendi, and the vibrant coastal town of Marsalforn. Along the way, you'll have the opportunity to experience the tranquil countryside and stunning coastal views that make Gozo so special. Midway through your exploration, enjoy a leisurely lunch at a local restaurant, where you can savour authentic Mediterranean cuisine while soaking in the peaceful atmosphere of this idyllic island.

## In a snapshot:

Explore Gozo's rich history and stunning landscapes  
Visit the Citadel, Xlendi Bay, and Marsalforn  
Enjoy tranquil countryside and coastal views  
Savour Mediterranean cuisine at a local restaurant

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# The Farsons Brewery Experience & The Cisk Tap



Duration:

**approx. 3-4 hours**

Meeting Point:

**EC Malta School**

Meeting Time:

**6:00 PM**

Experience a guided tour of the historic Farsons Brewery, the birthplace of Malta's iconic Cisk beer. Delve into the brewing process and uncover the rich history behind one of Malta's oldest breweries. After the tour, indulge in a tasting session at The Cisk Tap, where you can sample a variety of local beers, including the renowned Cisk. The tour offers a relaxed atmosphere, providing fascinating insights into Malta's vibrant brewing culture.

**In a snapshot:**

Visit Malta's oldest Brewery, Farsons

Learn about the brewery's history with a guided tour

Visit the rooftop bar, Cisk Tap and enjoy the city views

Sample from Malta's local beers, including the iconic Cisk

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# Valletta Tour & Grand Master's Palace



Duration:  
**approx. 4 hours**

Meeting Point:  
**EC Malta School**

Meeting Time:  
**1:00 PM**



Join a licensed tour guide for an enriching exploration of Malta's capital city, Valletta, including a visit to the magnificent Grand Master's Palace. Valletta, a UNESCO World Heritage site, is steeped in history and brimming with stunning architecture. The tour will take you through the city's vibrant streets and past notable landmarks, culminating in a visit to Grand Master's Palace. This architectural masterpiece has just undergone a major revamp and is renowned for having hosted many European political events. It also showcases an impressive display of armoury. Experience the grandeur and historical significance of this iconic site. Private transport from and to school ensures a comfortable and enjoyable experience.

## In a snapshot:

Explore Valletta, a UNESCO World Heritage site  
Visit the newly revamped Grand Master's Palace  
Discover the city's stunning architecture and landmarks  
Enjoy a tour through the city with a licensed tour guide

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# Valletta Waterfront Dinner

Experience a delightful evening at the historic Valletta Waterfront, originally developed in the 18th century and celebrated for its vibrant promenade of colourful doors, shops, and restaurants overlooking the Grand Harbour. Savour authentic Maltese cuisine while reflecting on the day's highlights in the company of an EC activity leader. Enjoy the waterfront's lively atmosphere and scenic views with complete peace of mind.



## In a snapshot:

Savour classic Maltese flavours

Scenic waterfront views

Enjoy the Valletta Grand Harbour from a new perspective

Duration: **approx. 3 - 4 hours**


Meeting Point: **EC Malta School**

Meeting Time: **8:00 PM**



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