



Leadership Essentials

Course overview

Ages:	16+	English level:	Intermediate B1+	Starting Dates:	1st Apr, 22nd Jul, 11th Nov 2024
Duration:	4 weeks	Academic info:	15 hours per week	Location:	London, Toronto, Dubai and Malta
				End of course certificate:	

Course description

Unlock your leadership potential with our comprehensive four-week course. During the course, you will embark on a transformative journey towards becoming an exceptional leader while also enhancing your English language skills.

- Week 1:** You'll learn the core principles of leadership, exploring various styles and self-discovery.
- Week 2:** Sharpens your communication skills, enabling you to connect effectively with diverse audiences.
- Week 3:** Looks at team dynamics, empowering you to build and lead high-performance teams.
- Week 4:** Equips you with strategic thinking and decision-making prowess.

Each week offers engaging discussions, real-world case studies, interactive activities, and independent, reflective exercises. Join us for a life-changing experience, supplemented by recommended readings and resources.

Sample Timetable

Week One example timetable:

	Monday	Tuesday	Wednesday	Thursday	Friday
Session 1	<p>Welcome and introduction to the course.</p> <p>Icebreaker activity to encourage introductions and build rapport.</p> <p>Informative discussion on the definition and importance of leadership.</p> <p>Group discussion on leadership and personal experience and future goals.</p>	<p>Review of the previous day's content.</p> <p>In-depth exploration of verbal and nonverbal communication skills.</p> <p>Pair activity to practice effective communication techniques through a conversation exercise.</p>	<p>Recap of active listening and empathetic communication.</p> <p>Examination of communicating with different personality types and cultural backgrounds.</p> <p>Cross-cultural communication exercise in pairs, role-playing communication scenarios.</p>	<p>Review of cultural communication and feedback techniques.</p> <p>Exploration of building and managing effective teams.</p> <p>Team-building exercise where participants form teams and complete a challenge.</p>	<p>Review of team-related concepts.</p> <p>Thorough analysis of strategic thinking, planning, and decision-making.</p> <p>Analysing data and making informed decisions: Group analysis and discussion.</p> <p>Risks and opportunities Interactive decision-making exercise.</p>
Session 2	<p>Overview of different leadership styles.</p> <p>Role-play activity simulating a leadership scenario using one of the styles discussed.</p> <p>Reflective writing exercise about the experience and learning.</p>	<p>Introduction to active listening and empathetic communication.</p> <p>Small group activity involving a role-playing scenario where participants practice active listening while another participant shares a personal story.</p> <p>Group discussion where participants share their experiences and observations.</p>	<p>Giving and receiving feedback Interactive discussion and sharing of experiences.</p> <p>Feedback activity where participants provide constructive feedback to their peers on the morning's exercise.</p> <p>Reflection and journaling about cultural communication.</p>	<p>Delegation and empowerment Interactive group exploration and discussion.</p> <p>Conflict resolution and problem-solving Role-play scenarios and discussions.</p> <p>Group reflection, sharing insights from the day.</p>	<p>Closing discussion for the week</p> <p>What type of leader will you be?</p>

What you'll learn

By the end of this course, you should be better able to:

- define leadership and articulate its significance in personal and professional life, demonstrating understanding through written reflections and discussion participation.
- evaluate various leadership styles, identifying their respective advantages and disadvantages.
- build trust and establish credibility as a leader.
- communicate effectively, including verbal and nonverbal techniques.
- listen actively and display empathetic communication strategies.
- build and lead effective teams, delegating responsibilities, resolving conflicts, and motivating team members.