



## UNICAMP PORTO - 1ST WEEK

time/ day	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:30-08:00	wake up						
08:15-08:45	breakfast at the residences						breakfast /pack for camping
08:45-09:00	walk to university						
09:00-12.30	arrival of new students	placement test/ lessons					transfer to adventure park
13:00-13:30		lunch					lunch at camp site
14:30-15:30		rest at the residences					set up camp tents
16:00-18:00		16.00-17.30 beach 17.30 -18.30 rest at hotel	beach	beach	15.30-17.00 beach activities	national park geresh	water park(optional) or aveiro excursion
18:00-19:00	prepare for dinner	boat cruise duero river	porto old town walk tour	shopping	zip line		
19:00-19.45	prepare for dinner						
19.45-20:30	dinner						
20:30-22.30	fun activities on site						
22:30-23.00	bed time						

## UNICAMP PORTO - 2ND WEEK

time/ day	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
7:30-08:00	wake up							
08:20-08:30	pack for departure	walk to university					prepare for breakfast	
08:30-09:00	breakfast at camping	breakfast						
09:30-12.30	paint ball team building games	lessons					shopping/ departure	
12:30-13:00		lunch						
14:00-16:00		rest at residences	vigo or santiago de compostella (spain)	rest at residences			departure	
16:00-18:30	transfer back to porto	beach		shopping	beach	boat trip party/dinner		
18.30-19:30	prepare for dinner	prepare for dinner			dinner			
19.30-20:30	dinner	dinner						
20:30-21.00	fun activities on site		fun activities on site			walk old town		
21.00 - 22.30								
23.00	bed time							