



French & Cuisine

Improve your French and learn tips of culinary art during the cooking lessons with a chef. Discover new tastes and new recipes based on local and typical products, while practicing French in a relaxed atmosphere, easing spontaneous conversation.

COURSE KEY FEATURES

- **20 general French lessons** per week: 4 morning sessions, Tuesday to Friday
- **2 cooking sessions** per week: 3 hours in the afternoon
- **All levels, all year round** except from 26/02 to 02/03, from 06/08 to 31/08 and from 22/10 to 02/11/2018
- **Starting dates: every Monday** except for beginners who have specific starting dates (see website for dates)

French lessons - 20 lessons per week (15 hours)

Tuesday to Friday, 8.45 am to 12.45 pm

- Development of all 4 main language skills (speaking, reading, writing and listening) and focus on oral communication
- Qualified, experienced, native teachers
- International classes of 8 to 12 students maximum
- Students are placed in classes according to the results of an initial level evaluation

Cooking lessons - 2 sessions per week (6 hours)

2 cooking afternoon sessions of 3 hours, 3 pm to 6 pm

A chef - Aude Bertaux - welcomes you in her cooking workshop to prepare a complete menu that you will then savour afterwards. Aude studied and qualified in the hotel and catering business at the Strasbourg catering school and used to work for Flo Prestige, Dalloyau, a gastronomic restaurant in Africa.

You will take home the recipes of the dishes you have cooked in order to prepare them again easily. Whatever your cooking skills are, classes will be easy enough.

EXEMPLES DE MENU

- Gambas en croûte de chapelure d'orange / Mijoté de mignon de porc dans sa croûte dorée / Pudding au chocolat crémeux et crumble épicié
- Œuf à la neige cœur fondant, chorizo / Steak de poisson aux olives, lardons et mijoté de fèves / Millefeuille mangue caramélisé, crème glacée
- Croustillant au Saint-Marcellin et tomates séchées / Volaille aux noix de cajou et petits légumes / Mousse mascarpone, crème pamplemousse et meringue

Accommodation & activities

A dedicated accommodation service to organise the right accommodation to suit your requirements (families, residences, hotels, apart 'hotels...), subject to availability.

A comprehensive activity programme that allows you to meet other students and discover Nice and the local area thus really making the most of your stay.

Optional activities to be booked and paid for on site.



PRICES:

1 to 3 weeks:
490 €

4 to 10 weeks:
475 €

+ 40€
registration fee



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■ PARIS

■ NICE

■ BORDEAUX

■ BIARRITZ

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