







Catalogue Summer 2024



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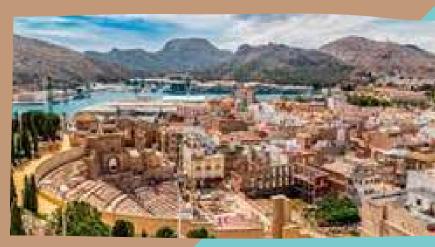
## Eastern Spain... land of diversity



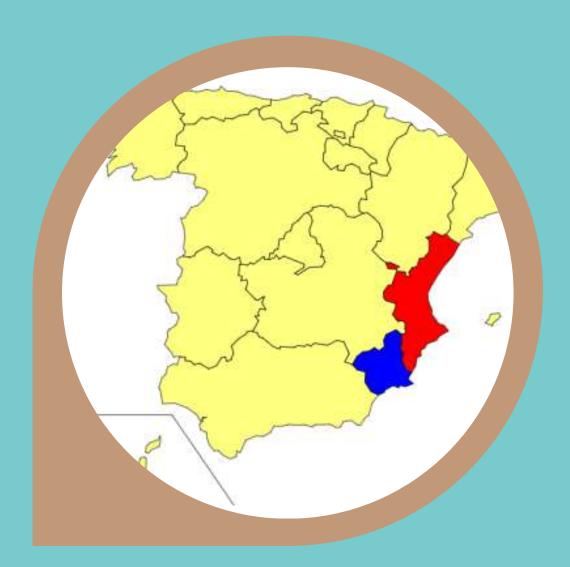












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## Our Company



Lorena Javaloyes **Director of IBERIAN CAMPS** 



A young, dynamic, professional and responsible company



We organise and work with HIGH QUALITY summer camps and educational trips for kids and teens of all nationalities and always in Spain (inside Alicante province and surrounding areas)



Our team is formed of highly qualified and experienced professionals:

- Native & bilingual teachers of Spanish, English and French
- 24 hours counsellors (1x10 participants)
- Sports instructors
- Dance teachers
- Plastic arts teachers
- Theatre teachers
- Tennis, Golf, Soccer and Basketball elite coaches
- Water sports instructors



We have selected with extreme care our staff, our facilities, the activities, the menus...



Our main objective is to make our camp participants live a unique experience to be remembered forever

## What do we offer?

#### 1) SUMMER CAMPS:

(University of Alicante). 11-17 years\*\*

Page 5-14

- English Camp
- Spanish Camp
- French Camp

- + Multi-Sports
- + Arts & Culture
- + Golf lessons

Page 9 Page 10

+ Football lessons + Basketball lessons

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\*\*DAY CAMP (09:00-20:00H.) IS ALSO POSSIBLE

- Tennis Camp "Ferrero Stage" (FERRERO Tennis Academy-Villena, Alicante). 8-16 years Page 15-19
- Football Camp "SIA Valencia High Performance" (SOCCER INTER ACTION-Enguera, Valencia). 13-22 years Page 20-27

#### 2) CUSTOMIZED GROUP TRIPS:

(Alicante and surroundings, min.15 people) Page 28



## International LANGUAGE camps (11-17 years)









At the University of Alicante (Spain). Residential Camp and Day Camp



3 separate programs but designed with the objective of making our participants to interact with teenagers from other countries, while they learn English, Spanish or French and enjoy some leisure days



Duration: min. 1 week (recommendation 2 weeks)



In the morning: 40 hours of intensive course of Spanish, English or French, with native and bilingual teachers

In the afternoon: participants from all camps will join and altogether will make 1 of these 5 activities (in English and Spanish):



- MULTI-SPORTS: football, volleyball, tennis, hockey, handball, basketball...
- ARTS & CULTURE: preparation of a piece of theatre. For the performance, they will do theatre classes, arts & crafts and stage design.



• GOLF (Page 9)







Also a lot of fun on the beach and in swimming pool. 2 half-day excursions and 2 full-day excursions (at weekends)

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## Weekly agenda

#### **In the morning:**

08:15-08:45 Breakfast

09:00-13:30 4 hours of Spanish/English/French lessons with 2 breaks

14:00-15:00 Lunch

\*on Sunday afternoon, at 6:00 pm, we welcome the whole group and explain them the plan for the next 2 weeks



#### In the afternoon:

16:00-20:00 Monday, Tuesday and Thursday:

- MULTI-SPORTS: football, volleyball, tennis, hockey, handball...
- ARTS & CULTURE: theatre performance (theatre workshop, stage and attrezo manufacture')
- GOLF (Page 9)
- FOOTBALL (Page 10)
- BASKETBALL (Page 11)

**Wednesday:** water fun in swimming pool and beach

Friday: cultural visit (half day excursion) or fun activity



#### Weekends:

1 full-day excursion to the beach with watersports and beach games

1 full-day excursion of water fun (water park Aqualandia), leisure (amusement park Terra Mitica)...



## Facilities

Where will they sleep? In a cosy university residence. Single rooms with private shower room. Meals room and games toom (billiards, table tennis, darts...)



## Facilities

Where will they learn English/Spanish/French? In classrooms fully equipped with all necessary multimedia materials. 1 min. walk from our residence



Where will they do the afternoon activities? Multi-Sports and the Arts&Culture activities will take place at the sports facilities of the university campus and also inside the residence













Campers will have 4 hours of Spanish, English or French lessons every morning, from Monday to Friday and in the afternoon they'll play golf in one of the best golf clubs of Spain, ALENDA GOLF.

3 afternoons every week, from 4:30 p.m. to 7:30 p.m., campers will attend the Golf School at Alenda Club, where the teachers, all certified by the Royal Spanish Golf Federation (RFEG) as well as professional players, will be waiting for them to work on all aspects of this sport:

- Short game
- Long game
- Putt
- Bunker

Once a week there will be an official championship for the federated players. Here they'll improve their handicap.

Activity for all levels: beginner, intermediate and advanced.



# LANGUAGE camps + FOOTBALL (a) (11-17 years) glish Camp Spanish Camp French Cam











Campers will have 4 hours of Spanish, English or French lessons every morning, from Monday to Friday and in the afternoon they'll play football with one of the best technical academies of football in Spain, ACATEC.

3 afternoons every week, from 4:30 p.m. to 7:30 p.m., campers will attend the football course with their exclusive ACATEC Methodology, where UEFA PRO and UEFA B licensed coaches, with experience in training young teams in regional categories, will be waiting to work with them according to their level, which will be assessed on the first day.

They will focus on promoting the specific movements that every player must master to reach the elite of football:

- Analysis and evaluation of the individual technique of each the player.
- Specific training programmes to improve key movements (dribble, header, etc.).
- Training of basic tactical areas to complement the work done by the players in their home clubs.

Activity for all levels: beginner, intermediate and advanced.

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## LANGUAGE camps + BASKETBALL (11-17 years)









Campers will have 4 hours of Spanish, English or French lessons every morning, from Monday to Friday and in the afternoon they'll play basketball in one of the best schools in Alicante, BASKETBALL MONTEMAR.

3 afternoons every week, from 4:30 p.m. to 7:30 p.m., campers will attend the basketball course at Club Montemar, where professional coaches, certified by the Basketball Federation of the Valencian Community and the Spanish Basketball Federation, with a lot of experience directing teams in regional categories, will be waiting to work with them according to their level, which will be assessed on the first day.

They will focus on improving the individual technique of each player, as well as group exercises to promote the group's connection.

And depending on the level, games will be included to make the training session more fun.

Activity for all levels: beginner, intermediate and advanced.



#### DATES RESIDENTIAL CAMP 2024

**Sunday to Saturday. 24 hours** 

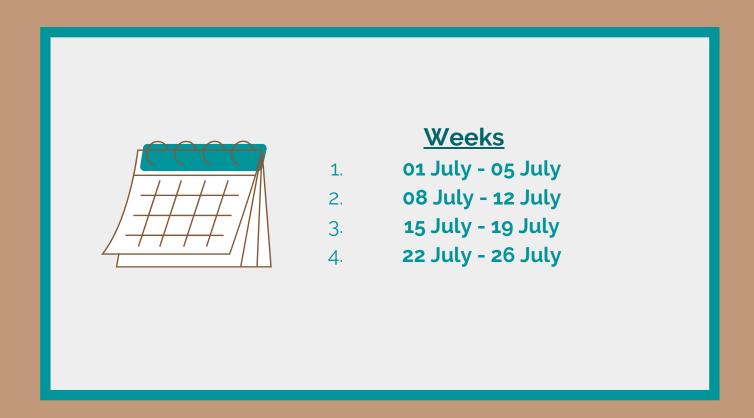


Possibility of adding 1 more day at the beginning or end of the camp.

Price will be 75€/day.

#### DATES DAY CAMP 2024

**Monday to Friday. 09:00 a 20:00** 



Possibility of joining any of the weekend activities. Ask for price.

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## Prices Residential Camp 2024

**Spanish Camp English Camp French Camp** 



**Multi-Sports Arts&Culture** 

**NON-SPANISH** 

**RESIDENTS** 

#### **SPANISH RESIDENTS**

1 week - 970€ 1 week - 1.070€ 2 weeks - 1.870€ 2 weeks - 2.070€ 3 weeks - 2.750€ 3 weeks - 2.970€ 4 weeks - 3.880€ 4 weeks - 3.795€

#### Additional price:

(Mín. 5 participantes)

- Golf lessons: 85€/week (9 hours)
- Football lessons: 30€/week (9 hours)
- Basketball lessons: 50€/week (9 hours)
- 5% discount for reservations before 31/01/24
- 4% discount for repeating campers
- 4% discount for brothers/sisters

#### Price includes:



Accommodation in residence (single room with shower room and kitchen)



Full board (breakfast, lunch and dinner)



20 hours a week of Spanish/English/French lessons (native and bilingual teachers, facilities and materials)



Activities of Sports or Arts&Culture (instructors, facilities and materials). Sports: golf, football or basketball (\*additional price)



**Cultural visits** 



2 weekend excursions



Transport between the Camp and the Airport of Alicante/train station/bus station



Transport to cultural visits and excursions



24 hours-counsellors (ratio 1 for 10 participants)



Civil liability insurance



Accident insurance

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## Prices Day Gamp

All those living close to our camp can join the participants of the 24 hours-camp only during the day, from Monday to Friday (09:00 to 20:00) and attend the language lessons and the afternoon activities.

**Spanish Camp English Camp French Camp** 



**Multi-Sports Arts&Culture** 

1 week - 485€

- 890€ 2 weeks

3 weeks - 1.280€

4 weeks - 1.575€

#### Additional price:

(Mín. 5 participantes)

- Golf lessons: 85€/week (9 hours)
- Football lessons: 30€/week (9 hours)
- Basketball lessons: 50€/week (9 hours)
  - 5% discount for reservations before 31/01/24
  - 4% discount for repeating campers
  - 4% discount for brothers/sisters

#### Price includes:





20 hours a week of Spanish/English/French lessons (native and bilingual teachers, facilities and materials)



Activities of Sports or Arts&Culture (instructors, facilities and materials). Sports: golf, football or basketball (\*additional price)



Half day excursions and cultural visits (Monday to Friday)



Transport to cultural visits and excursions



24 hours-counsellors (ratio 1 for 10 participants)



Civil liability insurance



Accident insurance

\*\*Transport to/from the camp' site is not included. Nevertheless, if we have a small group of participants sharing the same place of origin, Iberian Camps will offer the parents an extra service of daily transport.

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## Tennis Gamp "FERRERO STAGE"













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## Tennis Gamp "FERRERO STAGE"

A very complete program directed to those youths between 8 and 16 years, willing to make good use of their school vacation improving their tennis level, having fun with boys and girls from other countries at the outdoor leisure activities and learning languages.



#### Where?

In Villena (Alicante), in one of the best tennis schools worldwide: the Tennis Academy from Juan Carlos Ferrero (founder) and Carlos Alcaraz



Number 1 ATP 2003 **Roland Garros winner 2003** Winner of 4 Master 1000 Winner of 3 Davis Cups



Number 1 ATP 2021 Winner of Master 1000 Winner US Open 2022 Winner Winbledon 2023



More than 7 hours a day of tennis training with WTA and ATP expert instructors

Entertainments, games in swimming pool, clinics with professional players, olympic games, gymkhanas...

1 daily hour of any of these 4 languages: Spanish, English, French and Russian (extra activity)

Camp lasting minimum 1 week, available for the months of June, July and August

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## Facilities

- 10 clay courts
- 7 hard courts
- 1 covered hard court
- 1 central hard court
- 1 grass court
- 400m running track
- Soccer 7 field (natural grass)
- 1 golf course Pitch & Putt 9 holes
- 1 golf practice course
- 1 beach football-volleyball court
- 3 indoor paddle courts
- 2 outdoor paddle courts
- Technogym
- Residential players area: single (long-term stay) & double rooms (short-term stay)
- Rural hotel for parents
- Study centre
- Library
- Players lounge
- TV room for players
- Free wi-fi internet all over the academy
- Café and Restaurant
- 2 swimming pools
- Gardens
- Laundry
- Physiotherapy clinic
- Sports shop
- Car park



## DATES 2024

Week 1	02/06/2024 - 08/06/2024
Week 2	09/06/2024 - 15/06/2024
Week 3	16/06/2024 - 22/06/2024
Week 4	23/06/2024 - 29/06/2024
Week 5	30/06/2024 - 06/07/2024
Week 6	07/07/2024 - 13/07/2024
Week 7	14/07/2024 - 20/07/2024
Week 8	21/07/2024 - 27/07/2024
Week 9	28/07/2024 - 03/08/2024
Week 10	04/08/2024 - 10/08/2024
Week 11	11/08/2024 - 17/08/2024
Week 12	18/08/2024 - 24/08/2024
Week 13	25/08/2024 - 31/08/2024

## 1 week agenda

*Sunday	*Monday to Friday	Saturday
ARRIVAL DAY	8.00: Breakfast	DEPARTURE DAY
10:00-13:00 Entrance protocol	9.00: Training	8.00: Breakfast
Entertainment activities (games to meet the new campers)	10.55: Mid-morning break (	9.30: Playful training (Clinics/Olympics/Gymkhanas)
13.30: Lunch	11.05: Training	40.00.1
Lighter activities, swimming pool to get their strength back for the next	13.00: Rest and swimming pool	13.30: Lunch
week	14.00: Lunch	16.00: Internal tournament
16:30 Welcome meeting	16.00: Training	19.15: Swimming pool
18:00 Tennis placement test	17.30: Mid-afternoon break	20.20: Dinner and games
20.30: Dinner	17.45: Training	20.30: Dinner and games
23.00: Silence	19.15: Swimming pool & leisure	23.00: Silence
	20.30: Dinner	
* 1 every 2 Sundays there is an excursion (water park, castletourism or beach)	23.00: Silence  *The optional daily hour of language lessons (Spanish, English, French or Russian) is taught during to rest time: lunch/dinner or leisure ti	:heir

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## Prices 2024 and included services

1 WEEK	2 WEEKS	3 WEEKS
1.620€	2.925€	4.115€
4 WEEKS	5 WEEKS	6 WEEKS
5.235€	6.160€	6.930€

#### **→** Price includes:

- · Accommodation at the Academy.
- Full board (5 meals).
- Daily tennis training and physical exercises (morning and afternoon).
- Physiotherapy service.
- Use of all facilities of the Academy.
- Accident insurance.
- · Additional recreational activities.
- Photo-shooting with professional tennis players (if possible) as: Pablo Carreño. Carlos Alcaraz....

#### ➤ If the stay is longer than 2 weeks, it also includes:

- Inner Tournament.
- Additional recreational activities or Sunday excursion.
- Technical, social & physical report with video trainings Playsight system at the end of stage.

#### If the stay is longer than 3 weeks, it may also include (under request and depending on the player's level):

- External tournament+coaching
- Psychologist sessions
- Nutrition sessions

#### **➤** Additional Services:

- <u>Transfer to/from Academy:</u> Alicante airport=85€/trip; Valencia airport=160€/trip).
- Language lessons: 1 daily hour (Monday to Friday) of Spanish, English, French or Russian (70€/week).
- Private language lessons: 30€/hour.
- Extra language lessons +1:30h/day: 240€/week (replacing 1 turn of physical training).
- Psicological work: 160€, consisting of 2 sessions adapted to player's needs + player's report (timing, objective assessment...) and routine proposals to be followed.
- Special menus (gluten-free, vegan and others): 30€/week.
- Private tennis or paddle lessons: 55€/hour or 70€ at the weekend.
- Private lessons of physical training: 60€/hour.
- <u>50 minute physiotherapy session</u>: +50€
- Room with air conditioner: +70€/week

#### **Discounts:**

5% for repeating campers

5% campers coming with brother/sister

#### Price does not include:

- Laundry service.
- Stringing.
- Costs of external tournaments (included from 4th week).
- Individual psicological service (optional).
- Language lessons (optional).

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# Football Gamp SIA Valencia -high performance-









academy

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## Football Gamp





High performance summer camp organised by the prestigious Football Academy SOCCER INTER-ACTION.



Location: at the Football Academy SOCCER INTER-ACTION in Enguera, Valencia (Spain). Distance to Valencia Airport (50 mins.) and Alicante Airport (1h 15mins.). Football and accommodation facilities are together.



Duration: from 1 to 8 weeks (arrival on Sunday and departure on Saturday). From 23rd June to 17th August 2024.



For 13 to 22 year old boys and girls. All activities are planned for the different groups, made per level and age.



Methodology based on the experience in the best clubs in Spain and on the elite quality of our staff (UEFA PRO licensed coaches).



1 daily hour of Spanish or English lessons with native and bilingual teachers.



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## Football programme

The football summer camp SIA VALENCIA in Enguera (Valencia) is available for all boys and girls aged 13 to 22, who would like to improve their football skills and live the high performance experience with top-level coaches and at the same time, learn Spanish or English and meet football fans from other countries.



#### Individual and group trainings

Participants train for a total of 4h30m per day. They are divided into groups according to level and age.

**Training is divided into various short training sessions** throughout the day. In the morning, coaches focus on improving the players' individual skills. In the afternoon, coaches focus more on tactical strategy and teamwork.

Campers also play friendly matches every Saturday where they put into practice all that they have learned during the week.



#### Video analysis and workshops

They will learn about the successes and mistakes from other teams, they will do very interesting workshops, they will attend interviews with other coaches...



#### Physical conditioning and injury prevention

Since it's not all about training, the players also work on physical conditioning and learn to avoid injuries, as well as recover from them.



#### **Nutrition and Sports Psychology**

Health and nutrition is also very important for the camp staff, and coaches dedicate a portion of their time to teaching the young players guidelines for living healthy lives as footballers.

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### STAFF SIA

#### COACHES

- UEFA Pro licensed coaches
- Graduates in physical activity and sports
- Trainings in English and Spanish
- Experienced in top-level teams

#### **SPORTS SPECIALISTS**

- Physical trainers
- Nutritionists
- Sports Psychologists
- Physiotherapists
- Sports Clinic and Doctor

#### **ACADEMY**

- Academy Director
- Residence Coordinator
- Counselors 24/7













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## Weekly Agenda

HOURS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
8:10H - 8:30H	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	
8:30H - 9:00H							
9:00H - 10:30H	TRAINING SESSION	TRAINING SESSION	TRAINING SESSION	TRAINING SESSION	TRAINING SESSION	TEAMS COMPETITION	
10:30H - 11:00H	3						
11:00H - 12:30H	TRAINING SESSION	TRAINING SESSION	TRAINING SESSION	TRAINING SESSION	TRAINING SESSION	PLAYERS CHECK-OUT	
12:30H - 13:30H	POOL	POOL	POOL	POOL	POOL		
13:30H - 14:00H	LUNCH TIME	LUNCH TIME	LUNCH TIME	LUNCH TIME	LUNCH TIME		
14:00H - 15:30H							
15:30h - 16:15h	NUTRITION CLASS	WORKSHOP	TO SECURITION OF THE PARTY OF T	COACH INTERVIEWS	VIDEO ANALYSIS	LUDIC ACTIVITY	
16:15H - 17:00H	ACADEMY TOUR		COACH INTERVIEWS	PSYCHOLOGY	LUDIC ACTIVITY	WEEKEND ACTIVITY	
17:00H - 17:30H		& BREAK					
17:30H - 19:00H	TRAINING SESSION	TRAINING SESSION	TRAINING SESSION	TRAINING SESSION	TEAMS COMPETITION, CLOSING CEREMONY		
20:00H - 20.30H							
20:30H - 21:30H	DINNER TIME	DINNER TIME	DINNER TIME	DINNER TIME	DINNER TIME		
22:30H			ROOM AND REST TIME				

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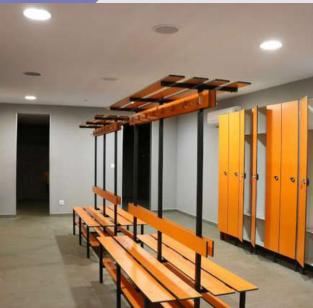
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## Football facilities









#### This academy is an exclusive football center where you can find:

- 1 Natural Grass field with FIFA oficial measures
- 1 Small natural Grass field for goalkeepers and technification trainings
- 1 Artificial Grass field 11 aside field adaptable, which can be converted into two 8 aside field. 3G synthetic Surface technology
- Certified LED lighting for sport practice
- Sport equipment (extra goals, cones, sticks, training bibs, hurdles....)
- 7 changing rooms on two floors including areas reserved for women. All changing rooms are next to the football fields and are equipped with showers and optional ice-water-bath for the daily use of the campers
- Medical clinic for measurements and treatments
- Physical therapy room with massage tables
- Gym for cardio training and body building

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## Accommodation facilities









#### **Premium residential facilities:**

- Reception
- Double bedroom (with private bathroom, wardrobe and study desk)
- Free Wi-Fi, heating and air conditioning
- Premium bedroom for professional football players (with TV, private bathroom, fridge and terrace)
- Cleaning service and laundry room
- Restaurant/Bar (internal food service). Menus are prepared to the individual requests of each group with advice from our nutritionist
- Leisure room (with TV, game console, billiards table, ping pong...)
- Meeting and conference room for analysing trainings and matches.
- They are equipped with screen, beamer and flipchart
- Extra meeting room next to the fields for the on-site analysis of the trainings or matches
- Study and video analysis classroom
- Outside swimming pool:

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#### DATES 2024

**Monday to Saturday** 

23rd June - 29th June 14th July - 20th July

30th June - 6th July 21st July - 27th July

7th July - 13th July 28th July - 3rd August

4th August - 10th August - 17th August - 17th August

#### PRICES 2024

1 week 1.070€ 2.165€ 2 weeks 3 weeks 3.225€ 4.275€ 4 weeks 5.275€ 5 weeks 6 weeks ..... 6.175€

- 10% discount for repeating campers
- 10% discount for brothers/sisters

## Residential camp (24 hours)

#### What's included in the price?



4.5 daily hours of football training (tactics, individual, tournaments, video analysis). Special programme for goalkeepers.



Accommodation in double bedroom (with private bathroom)



Full board (5 meals). Special menus available.

1 daily hour of English/Spanish lessons (optional)



Recreational games: video games, ping-pong, billiards, mini-basket...



Multi-adventure activities at the weekend.



24 hours-counsellors



2 training kits (shorts, socks and t-shirts)



Participation diploma



Health care, phisiotherapist, medical emergency and first-aid team



Final report

#### Not included in price:



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Transport camp-airport. Transfer from/to Valencia Airport (120€/way). Transfer from/to Alicante Airport (200€/way)

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## Gustomized group trips of

Are you the coach of a rugby team and would like to bring your pupils to another country to train and make some tourism?

Are you a ballet teacher and are searching for a place where your pupils can rehearse, learn English or Spanish and even perform in a theatre?

For groups of min. 15 people (younger than 18 years). The person/teacher coming with the group will pay only the flight.

Regardless of your trip's target (sports, dancing, painting, tourism, languages...), we will offer you a proposal within Alicante province (Spain). And moreover:



We make your flight reservations with one of our travel agencies, specialized in group trips.



We propose you different accommodations and we book for you the one you choose.



We contact a bus company and organize all transports.



We include a civil liability insurance and an accident insurance for all group members.



We look for instructors and teachers of languages, sports and other activities.



We organize all meals, with special menus for diabetics, gluten intolerants, allergics, and other food intolerants.



We propose excursions and/or leisure activities



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