








# SPANISH CAMP

C O S T A R I C A









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# SPANISH *Camp*

At Maximo Nivel, we believe in opening the minds of young learners to a world of travel and intercultural exchange. You are never too young to start exploring the world and our Spanish Camp helps teens begin their exploration abroad in a safe and guided environment. Students grow as global citizens, develop a better sense of the world, and build their self-confidence during our unique Spanish immersion experience. Your teen will remember Spanish Camp for a lifetime!

## COSTA RICA

Costa Rica is by far one of the most exotic places on Earth. The country offers unparalleled natural beauty, white sand beaches, rainforests, and a wide range of national parks. Costa Rica is located in Central America and borders Nicaragua to the north and Panama to the south. A chain of mountains—part of the Andean-Sierra Madre chain—runs the length of the country and separates the Caribbean Sea on the east coast from the Pacific Ocean on the west coast. Costa Rica has thousands of miles of gorgeous coastline, and copious amounts of sunshine, which makes it the most inspirational learning environments in the world!

## DAILY ROUTINE

Every day, Spanish campers immerse themselves in the Spanish language while participating in a variety of activities and events around the capital city of San Jose and the beach towns of Manuel Antonio and Quepos. Monday through Friday, you eat breakfast prior to being picked up in private transportation and taken to your daily tours around Costa Rica.

After your morning activities, lunch is catered in at the school. In the afternoon, the entire group breaks out for their daily Spanish classes. In the evening, you return to your host family for dinner and showers, and then get ready for the camp's evening events.

During weeknights, planned activities include salsa lessons, bonfires, karaoke, Costa Rican BBQs, game nights, movie nights, as well as quality time and Spanish language practice with your host family. On weekends, you take part in exciting cultural adventures and nature tours led by our professional guides and chaperones. Costa Rica is one of the most beautiful and biologically diverse travel destinations on the planet and Spanish Camp never disappoints!

## WHAT'S INCLUDED

- Counselors 24/7; 8:1 student-counselor ratio
- Airport pick-up and drop-off
- Program and safety orientation
- Host family accommodations (laundry included)
- Breakfast, lunch, dinner, 7 days/week
- All tours and social activities
- Private transportation to/from all activities
- Official certificates for Spanish
- Souvenir camp t-shirts (2)
- Small group Spanish classes, 15 hours/week
- Spanish books and materials
- Free Spanish language tutoring table
- Tandem Conversation Program
- WiFi and computer lounge
- Salsa dance classes
- Cooking classes
- On-site snack bar
- Institute is open 7 days/week
- Emergency contact number 24/7



Work



Study



Travel



Learn



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# SPANISH CAMP

## Cities



### SAN JOSE



### MANUEL ANTONIO

HOME BASE CITY	START	END	PRICE
MANUEL ANTONIO	29 -June	07 -July	\$1,995
SAN JOSE	07 -July	13-July	\$1,795
MANUEL ANTONIO	13 -July	21 -July	\$1,995

# CAMP *Activities*

#### BEACH DAY

Campers head to the white sand beaches of Manuel Antonio for a day of fun in the sun!

#### CITY TOUR

Campers learn about the history of San Jose and visit the main points of interest in the capital city. The tour includes a visit to the San Jose downtown area, "Plaza de Cultura," Costa Rica's first Airport, the National Theater, Central Avenue and the Central Market.

#### COFFEE FARM

Campers experience the original Costa Rican coffee tour to learn how coffee plays an integral part in the local culture and economy. Participants learn how coffee is grown, roasted, and processed from bean to cup!

#### COOKING CLASS

Campers learn how to prepare typical Costa Rican food, such as tamales and empanadas, in a participatory cooking class taught by one of our Costa Rican host mothers.

#### COSTA RICAN BBQ

Campers come together to enjoy a typical Costa Rican barbecue and traditional "Tica" music.

#### DAY WITH HOST FAMILY

This is an opportunity to spend a day with the "familia." The host family includes your teen in the family's daily routine, which might involve cooking dinner, shopping, visiting relatives, and other family activities.

#### MARINA NIGHT

Celebrate the 4th of July on the beach—Manuel Antonio style! Campers head down to the marina in Quepos and enjoy a beautiful night with fun activities, food, and fireworks!



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# CAMP *Activities*

## JUNGLE ZIPLINE

This tour explores the jungle canopy through a series of suspension platforms located above the rainforest. Campers zipline from platform to platform taking in the surrounding jungle. The zipline tour is an exhilarating and safe adventure through lush, green canopy and across majestic rivers.

## SCAVENGER HUNT

Campers explore the mall -or the beach- through a scavenger hunt, where they have a list of clues in Spanish that guide them from place to place.

## MANUEL ANTONIO NATIONAL PARK

An experienced nature guide leads campers on an informative hike through Costa Rica's most famous national park. Campers enjoy small beaches, ocean inlets, and see a variety of wildlife.

## MOVIE NIGHT

Campers watch movies in Spanish or in English with Spanish subtitles—both ways to learn new vocabulary and then practice Spanish.

## CHOCOLATE TOUR

Costa Rica's lush jungles have long been famous for producing some of the world's best coffee, sugarcane, bananas, and chocolate! Spanish campers tour a private, working farm and learn about tropical agriculture and how chocolate is grown and produced, and how some of our most favorite treats are made. Free samples too!

## MUSEUM TOURS

Campers visit San Jose's most historic and architecturally-significant buildings and learn about Costa Rica during Pre-Colombian times. This tour immerses students in the country's rich culture and history with visits to the National Museum and Jade Museum.

## GO KARTS

Campers get an adrenaline rush by racing each other and Maximo Nivel staff around the indoor go kart track in San Jose!

## SALSA CLASS

A fun and relaxed dance class taught by our local professional Salsa instructor. Beyond just Salsa, campers learn other popular Latin American dances, such as Merengue and Bachata.

## SCUBA DIVING

Campers take part in a 2-day introductory "Discover Scuba" course, taught by a former U.S. Coast Guard diver. The course includes one day of safety and equipment training in a swimming pool and a one day supervised ocean dive. Note—students can opt out of the scuba course and enjoy other Spanish Camp activities during this time.

## SERVICE LEARNING

Campers learn more about giving back and being global citizens by getting involved at local schools, communities, and child care centers. Work includes organizing activities with the children, teaching English, and light construction. This is an excellent day to learn more about community service and volunteering abroad.

## SOUVENIR SHOPPING

Campers visit traditional markets and local stores to buy Costa Rican coffee, hand-made jewelry, carved wood handicrafts, and other souvenirs for their family and friends back home.

## SPORTS & RECREATION

Campers spend the afternoon at a local sports facility such as an indoor soccer field, trampoline park, or basketball court. Members of the Spanish camp community, including host families and Maximo Nivel staff, join in for a rousing game of soccer, the most popular sport in Costa Rica!

## SURF SCHOOL

Campers spend the day on one of the most beautiful beaches in Costa Rica. Our professional surf instructor teaches everyone how to ride the waves! Students also get to spend time body surfing, boogie boarding, and paddle boarding. Less adventurous teens can choose to just relax on the beach and watch their friends.

**RAINFOREST NIGHT TOUR**

Campers experience the fascinating rainforest in Manuel Antonio at night! This is the best time to observe and photograph beautiful tree frogs, colorful insects, and other elusive rainforest creatures.

**TIQUICIA**

The Tiquicia center is perched high above the mountains overlooking San Jose. From this unique vantage point, campers enjoy panoramic views of the Central Valley and explore "Tico" folklore through traditional dances and marimba music. There's also a delicious dinner buffet with traditional Costa Rican dishes.

**MANGROVE KAYAKING TOUR**

A slow-paced trip through an estuary of the Paquita River. Campers are taken through a safety orientation tour and taught the basics of slow-paddle kayaking. This is a top wildlife tour led by an expert, naturalist guide. The mangrove ecosystem is the habitat of white-faced monkeys, anteaters, iguanas, turtles, crabs, and countless bird species.

**HANGING BRIDGES**

Campers take a trek through the rainforest along hanging bridges and natural trails up to the top of Rainmaker Mountain. At the summit, there is an amazing view of the Pacific Ocean! The hike continues through the Canopy Walk suspended bridge system, which minimizes forest impact. The tour includes a visit to several picturesque waterfalls and a refreshing swim in a natural lagoon.



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# WEEKLY Itineraries

	MANUEL ANTONIO	MONDAY 01-JULY	TUESDAY 02-JULY	WEDNESDAY 03-JULY	THURSDAY 04-JULY	FRIDAY 05-JULY	SATURDAY 06-JULY	SUNDAY 07-JULY
WEEK 1	8 AM	Breakfast w/ Host Family	Breakfast w/ Host Family	Breakfast w/ Host Family	Breakfast w/ Host Family	Breakfast w/ Host Family	Beach Morning	Day w/Host Family
	9 AM - 1 PM	Surf Lessons or Beach Day	Surf Lessons or Kayak Mangrove	Jungle Zipline	Scuba Course or Chocolate Tour	Scuba Course or Beach Day		
	1 PM - 2 PM	Lunch	Lunch	Lunch	Lunch	Lunch		
	2 PM - 5 PM	Spanish Class	Spanish Class	Spanish Class	Spanish Class	Spanish Class		
	Evening	Salsa Class	Rainforest Night Tour	Cooking Class	4th of July Celebration	Karaoke Night		
	SAN JOSE	MONDAY 08-JULY	TUESDAY 09-JULY	WEDNESDAY 10-JULY	THURSDAY 11-JULY	FRIDAY 12-JULY	SATURDAY 13-JULY	SUNDAY 14-JULY
WEEK 2	8 AM	Breakfast w/ Host Family	Breakfast w/ Host Family	Breakfast w/ Host Family	Breakfast w/ Host Family	Breakfast w/ Host Family	San Luis Zipline	Departure to Manuel Antonio
	9 AM - 12 PM	Coffee Farm Tour	University Tour & Scavenger Hunt	La Paz Waterfall Gardens	Irazu Volcano & Sanatorio Duran Tour	Panoramic City Tour & Souvenir Market		
	12 PM - 1 PM	Lunch	Lunch	Lunch	Lunch	Lunch		
	1 PM - 5 PM	Spanish Class	Spanish Class	Spanish Class	Spanish Class	Spanish Class		
	Evening	Food Truck Dinner	Go Karts	Cooking Class	Traditional Costa Rican Dance Show	Karaoke Night & Speed Tandem		
	MANUEL ANTONIO	MONDAY 15-JULY	TUESDAY 16-JULY	WEDNESDAY 17-JULY	THURSDAY 18-JULY	FRIDAY 19-JULY	SATURDAY 20-JULY	SUNDAY 21-JULY
WEEK 3	8 AM	Breakfast w/ Host Family	Breakfast w/ Host Family	Breakfast w/ Host Family	Breakfast w/ Host Family	Breakfast w/ Host Family	Beach Morning	Airport Drop-Off
	9 AM - 1 PM	Surf Lessons or Beach Day	Surf Lessons or Mangrove Tour	Manuel Antonio National Park Tour	Scuba Course or Beach Day	Scuba Course or Hanging Bridges Rainmaker		
	1 PM - 2 PM	Lunch	Cooking Class (Lunch)	Lunch	Lunch	Lunch		
	2 PM - 5 PM	Spanish Class	Spanish Class	Spanish Class	Spanish Class	Spanish Class		
	Evening	Salsa Class	Movie Night	Cooking Class	Costa Rica BBQ	Karaoke Night		

⚠ All Spanish Camp events and activities are subject to change based on weather and other field conditions.

# Live it! @MÁXIMO NIVEL

You can also create a customized program with Maximo Nivel and spend 1 to 52 weeks working-studying-traveling from Central America to South America!  
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