

Dear Participant,

The excitement is building as we prepare for your arrival at one of our North American locations. In order to help you pack for your PLUS Experience we have provided a list of "What to Bring and What NOT to Bring." We look forward to seeing you this summer!

What to Bring

Beach Towels/Pool Towels
Cell Phone/Electronics Charger
Outlet Converter
Sungscreen
Toiletries
Walking Shoes
Clothing for all weather
(bathing suits, rain gear, sweatshirt)
Medications
Prescription glasses and extra contact lenses (You cannot buy extra contact lenses in America without going to a doctor)
Camera
Travel activities (crosswords, word search puzzles, etc.)
Alarm Clock
Notebook
Pens and Pencils
Wire Clothes Hangers (no clothes hangers are provided in rooms)
Signed Loco Parentis Form

What NOT to Bring

Bed Linen
Bath Towels
Valuable Jewelry
Alcohol
Excessive Amounts of Cash

Stay in touch with your family while you are in the United States! There are several apps that you can download on your smartphones or tablets that allow you to text and/or call internationally for free or at a minimal cost. These apps include WhatsApp, Skype, Line, etc.

Sincerely,

PLUS Staff