



Terramare - Via Roma 42 - 58015 Orbetello - Tel. +39 (0)564 850007 - Mobile +39 (0)347 3679655  
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**Class size:** 3-6 persons in language course and cultural activities, 1:1 during sport activities

**Description:** For those who want to combine studying Italian with their favorite sports, this is the ideal course. Students can choose from canoeing, rowing and sailing in the lagoon, surfing, scuba diving (also for beginners), snorkeling, sea watching, horseback riding, trekking and cycling. Group language lessons take place from 9 a.m. to 1 p.m; students can enjoy 2 cultural activities and 1 full day excursion with the group per week. The individual sport activities with professional instructors take place on 3 afternoons per week.

| Duration | Tuscany | Sardinia |
|----------|---------|----------|
| 1 week   | 480 €   | 590 €    |
| 2 weeks  | 900 €   | 1100 €   |



## LANGUAGE, CUISINE AND THE WINE TRAIL

**Starting dates:** 11.01. – 25.01. – 08.02. – 22.02. – 08.03. – 22.03. – 05.04. – 19.04. – 03.05. – 17.05. – 31.05. – 14.06. – 28.06. – 12.07. – 26.07. – 09.08. – 23.08. – 06.09. – 20.09. – 04.10. – 18.10. – 01.11. – 15.11. – 29.11. – 13.12. – These dates are just an orientation. The student can ask to start the course at any date of the year.

**Duration:** minimum 1 week; available in Orbetello (Tuscany) or Oristano (Sardinia)

**Lessons:** 4 hours group lessons (Mon to Fri, 20 hours/week, 9 am-1 pm); 2 cultural outdoor activities in groups (duration depending on distance and kind of activity, 2-5 hours each); 1 full day excursion in groups at the first week end (8-12 hours); 3 culinary activities (alternating wine, oil and bio food tastings and visits to farms) per week. The student is led by professional cooks in the preparation of dishes, during tastings and visits of farms. The student is accompanied with private car by a teacher who acts as a cultural and linguistic mediator and provides the necessary point of connection between school and restaurants, Italian families and farms where activities take place. Duration depends on type of activity and distance.

**Level:** all levels available

**Class size:** 3-6 persons in the group course, 1:1 during the culinary activities

**Description:** For those who want to combine studying Italian with Italian cuisine and wine, this is the ideal course. In this lovely region organic production processes and ancient traditions of the Mediterranean cuisine and wine production are widespread. Students will attend a cooking workshop, visit fish and organic food farms, enjoy dinner in a typical restaurant or visit local



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dairies. Group language lessons take place from 9 a.m. to 1 p.m; students can enjoy 2 cultural activities and one full day excursion with the group per week. The individual culinary activities take place on 3 afternoons per week.

| Duration | Tuscany | Sardinia |
|----------|---------|----------|
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## EXTRAORDINARY PRACTICAL LANGUAGE COURSES

### THE LANGUAGE OF TRAVELLING

EDUCATIONAL JOURNEY THROUGH FOUR ITALIAN REGIONS:

SARDINIA, TUSCANY, UMBRIA AND LAZIO

LINGUISTIC, HISTORICAL AND ANTHROPOLOGICAL WORKSHOP

**Starting dates:** 11.01. – 25.01. – 08.02. – 22.02. – 08.03. – 22.03. – 05.04. – 19.04. – 03.05. – 17.05. – 31.05. – 14.06. – 28.06. – 12.07. – 26.07. – 09.08. – 23.08. – 06.09. – 20.09. – 04.10. – 18.10. – 01.11. – 15.11. – 29.11. – 13.12. – These dates are just an orientation. The student can ask to start the course at any date of the year.

**Duration:** minimum 1 week

**Lessons:** 7 hours per day: 3 hours of group or individual language laboratory sessions and 4 hours of educational journey activities. 1 hour of lesson = 60 minutes. 35 hours per week (15 hours of language laboratory, 20 hours of educational journey activities).

**Level:** all levels available

**Class size:** 3-6 persons in the group course and during the educational journey activities; 1:1 if the student chooses the individual course.

**Description:** This course is an educational journey through four Italian regions: Tuscany, Sardinia, Umbria and Lazio. It is a linguistic, historical and anthropological workshop where students get to know Italy and its language, travelling through four of the most scenically intact Italian regions. This course consists of 15 hours of group or individual lessons per week plus 20 hours of educational journey activities.